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Dixie Fried

66 count, 4 wall, Intermediate level Choreographer : John "Grrowler" Rowell (UK)

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Choreographed to: She's Going Home With Me by Travis Tritt, The Restless Kind CD (98 bpm)

The 8 beat introduction is counted from the heavy beat, (18 secs) just after Travis sings "Well I"

RIGHT HEEL-HOOK, HEEL-FLICK, RIGHT SHUFFLE, LEFT HEEL-HOOK, HEEL-FLICK, LEFT SHUFFLE

- Touch right heel forward, (&) hook right across left shin. (Slap right foot with left hand optional)
 Touch right heel forward, (&) flick right out to right side. (Slap right foot with right hand optional)
- 3&4 Step right forward, (&) slide left to right, step right forward.
- Touch left heel forward, (&) hook left across right shin. (Slap left foot with right hand optional)
- 6& Touch left heel forward, (&) flick left out to left side. (Slap left foot with left hand ~ optional)
- 7&8 Step left forward, (&) slide right to left, step right forward.

JAZZ BOX, JAZZ BOX WITH QUARTER TURN LEFT. (Jazz 8)

- 9-10 Cross right over left, step by back left.
- 11-12 Step right next to left, step forward left.
- 13-14 Step forward right, cross left over right.
- 15-16 Step back right, (starting quarter turn left), step left to left (completing turn)

SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES, TOE STRUTS BACK, RIGHT COASTER STEP

- 17 Point right toe to right side.
- &18 (&)Step right to centre, point left toe to left.
- 19 Step left to centre and point right toe to right side.
- & Step right to centre and point left toe to left.
- 20 Step left to centre and point right toe to right
- 21&22& Step right toe back, (&) drop heel to floor, step left toe back, (&) drop heel to floor.
- 23&24 Step right back, (&) step left next to right, step forward right.

HEEL STRUTS FORWARD, ROCK-TURN-STEP, SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES

- 25&26& Step left heel forward, (&) slap left toe down, step right heel forward, (&) slap right toe down.
- 27&28 Rock forward on left, (&) recover on ball of right making a half turn left, step forward left.
- 29 Point right toe to right side.
- &30 (&)Step right to centre, point left toe to left.
- 31 Step left to centre and point right toe to right side.
- & Step right to centre and point left toe to left.
- 32 Step left to centre and point right toe to right

CROSS STRUT, SIDE STRUT, ROCK & STEP, CROSS STRUT, SIDE STRUT, ROCK & STEP

- 33&34& Step right toe across front of left, (&) slap right heel down, step left toe to left, slap left heel down.
- 35&36 Cross rock right in front of left, (&) recover on left, step right to right.
- 37&38& Step left toe across front of right, (&) slap left heel down, step right toe to right, (&) slap right heel down
- 39&40 Cross rock left in front of right (&) recover on right, step left to left.

CROSS-UNWIND, CROSS-UNWIND, KICK-OUT-OUT, CROSS, UNCROSS

- 41-42 Cross right in front of left, unwind half turn left.
- 43-44 Cross left in front of right, unwind half turn right.
- 45&46 Kick right forward, (&) step right to right, step left to left.

 The next 4 beats are made while travelling backwards
- 47-48 Jump slightly backwards crossing right in front of left, jump slightly backwards uncrossing feet to shoulder width.

SYNCOPATED CROSS-UNCROSS-TOGETHER, RIGHT COASTER STEP, STEP-POINT, STEP-POINT

Jump slightly backwards crossing right in front of left.
 Jump slightly backwards uncrossing feet to shoulder width.
 Jump slightly backwards bringing both feet together
 Step back right, (&) step left next to right, step forward right.
 Step left across in front of right, point right toe to right.
 Step right across in front of left, point left toe to left

CROSS-UNWIND, RIGHT KICK-BALL-TOUCH, LEFT SHUFFLE, STEP-HALF TURN, JUMP-OUT-IN-OUT-IN

- 57-58 Cross left in front of right, unwind half turn right..
- 59&60 Kick right forward, (&) step right in place, touch left next to right.
- 61&62 Step forward left, (&) slide right next to left, step forward left
- 63-64 Step forward right, pivot half turn left.
- Jump in place both feet apart, jump in place both feet together.

 Jump in place both feet apart, jump in place both feet together.

REPEAT

TAG ~ DANCED ONCE ONLY, AFTER COMPLETING SECOND WALL HEEL & HEEL & HEEL & HEEL &

- 1& Touch right heel forward, (&) step right in place.
- 2& Touch left heel forward, (&) step left in place.
- 3& Touch right heel forward, (&) step right in place.
- 4& Touch left heel forward, (&) step left in place.

Choreographer's Notes:

The music fades at ending of this track, as the music stops you will finish the dance on counts 41-44 (Cross & unwinds)

Low impact option for steps: 47-50

BACK, BACK, LEFT SHUFFLE BACKWARDS

47-48 Step back left, step back right.

49&50 Step left foot back, (&) slide right to left, step left foot back.

Low impact option for steps: 65-66

OUT-OUT, IN-IN

65& Step right to right, (&) step left to left (Shoulder width apart)

Step right to centre, (&) step left to centre.