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E-mail: admin@linedancermagazine.com

# **Deshney**

32 count, 4 wall, advancedlevel Choreographer: Raymond Sarlemijn Choreographed to: 2000 Watts by Michael Jackson

### Step out, kick, kick and pose

- 1 Step out on right feet, while doing this bend knees inside Bend left arm in front of shoulder and right arm is straight to the right side
- & Bend knee to the outside Bend right arm in front of shoulder and stretch left arm to the side and keep it straight
- 2 Bend knee to the inside Bend left arm in front of shoulder and right arm is straight to the right side
- 3 Bend knee to the outside Bring left hand to hip and right hand next to head & right hand to hip and left hand next to head
- 4 Stamp right feet next to left feet Bring left hand to hip and right hand next to head
- 5 Kick right feet in front Hold arms next to body
- 6 Kick left feet in front
- 7 Jump on right feet
- & Jump on left feet
- 8 Both feet next each other and turn 1/4 to the right, stand on toes (7&8 is like a mambo step but make it funky) *Hold both arms above head and stretch it*

## Stand, bounce, hopping around

- 1 Step out on both feet (while doing this, bend knees to the outside) *Bounce shoulders* to the inside
- & Bend knees to the inside Bounce shoulder to the back
- 2 Bend knees straight Bounce shoulders natural
- 3 Step out on left feet Bring left shoulder to the front & bring right shoulder to the back
- 4 Hold bounce left shoulder in the front
- 5 Slide right feet next to left feet Bend right arm in front of body and stretch left arm to the side
- & Hop both legs 1/4 to the left Hold arm like no 5
- 6 Hop both legs 1/4 to the left Hold arm like no 5
- & Hop both legs 1/4 to the left Hold arm like no 5
- 7 Hop both legs 1/4 to the right Bend left arm in front of body and stretch right arm to side
- & Hop both legs 1/4 to the right Hold arms like no 7
- 8 Hop both legs 1/4 to the right *Put both arms next to body*

#### Kick ball change, 1/4 turn, bounce, robot move

- 1 Kick right feet in front
- & Right feet next to left feet
- 2 Step out on left foot Bring right fist in front of stomach and hold left arm next to hip
- 3 Turn 1/4 to the right Bring right arm next to face, hold hand open & look to the left, while doing this pretend that pushing face to the left
- & Bend, turn knees to the inside
- 4 Stand on both feet Bring face in to the front again
- 5 Step out on right foot
- & Put weight on left foot
- 6 Put weight back again on right foot
- 7 Bend through right knee and lean back to the side Bring right arm in front of body and left arm backwards
- 8 Bring weight on left foot Arm movements follow body

#### Slide together, robot move, step out, step 1/4 and bounce around

- 1 Slide right feet next to left feet Bring left arm in front and right arm to the back
- 2 Step out on right feet, while doing this hold body backwards hold arms like no 1
- 3 Turn body 1/4 to the left Keep hands in front
- 4 Bend through right knee and body hanging to the side Bring right arm in front of body and left arm backwards
- 5 Hold Make a body roll to the left and make it bouncing and finish the body roll until count 8
- 6 Hold
- 7 Hold
- & Stand on both legs Put right shoulder up
- 8 Stamp left feet next to right feet Bring left shoulder up & bring right shoulder down

#### **Breaks**

After 2 times you get a small break of 4 counts do whatever YOU want, but make it FUNKY (free expression)

After the 4<sup>th</sup> time get a break of 32 counts make robot moves

- 1 Step out on right feet
- 2 Hold
- 3 Step out on left feet
- 4 Hold
- 5 Step out on right feet
- 6 1/4 turn to the left
- 7 Bend through right knee and lean body to the right
- 8 Slide right feet next to left feet

This you do 4 times

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 501235 Fax: +44 (0)1704 501678