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Dear Lonely Heart

48 Count, 1 Wall, Intermediate, Waltz

Choreographer: William Sevone (Aug 2010)

Choreographed to: Qi Shi Ni Bu Dong Wo De Xin (87 bpm) by Wang Meihu, CD: The Best Of Ballroom Part 8/18; Qi Shi Ni Bu Dong Wo De Xin (84 bpm) by Gao Sheng Mei; Qi Shi Ni Bu Dong Wo De Xin (93 bpm) by Ye Qian Wen (Sally Yeh), CD: Greatest Hits

Sequence: 48 – 45 – 48 – 24+Bridge+24 – 24+Bridge+18

Dance starts on vocals.

1 2x Cross-Side-Together. Cross. Side. 1/2 Side (6:00)

1-2-3 Cross right over left. Step left to left side. Step right next to left heel.

4-5-6 Cross left over right. Step right to right side. Step left next to right heel.

7-8-9 Cross right over left. Step left to left side. Turn ½ right & step right to right side (6).

Style Note: Counts 3 and 6 turn body inward.

2 1/2 Sway. Recover. Cross. Side 1/2 Side. Diag. 3/4 Fwd. 1/2 Back. Step (12:00)

10-11-12 Turn ½ right & sway onto left (12). Recover on right. Cross left over right.

13-14-15 Step right to right side. Turn ½ left & step left to left side (6). Step right diagonally forward left (4.30).

16-17-18 Turn 7/8th left & step forward onto left (6).

Turn ½ left & step backward onto right (12). Touch left backward.

3 2x Cross-Back-Diagonal. Rock. Recover. Step (12:00)

19-20-21 Cross left over right. Step back onto right. Step left diagonally forward left.

22-23-24 Cross right over left. Step back onto left. Step right diagonally forward right.

BRIDGE Wall 4 and 5 :- Repeat Counts 19-24 (6 counts) then continue with dance from Count 25

25-26-27 Rock forward onto left. Recover onto right. Return weight to left.

4 1/4 Side-3/4 Sweep-Back-Together-Forward or Easier Option (12:00)

28-29-30 Turn ¼ left & step right to right side (9). Turn & sweep left over 2 counts ¾ left -keep foot off floor (12)

31-32-33 Step back onto left. Step right next to left. Step forward onto left.

34-35-36 Turn ¼ left & step right to right side (9). Turn & sweep left over 2 counts ¾ left -keep foot off floor (12)

37-38-39 Step back onto left. Step right next to left. Step forward onto left.

Option: An easier option for Counts 28-29-30 and 34-35-36

Step forward onto right. Swing left forward and sweep in arc from front to back (2 counts)

5 Fwd. Together. Fwd. Rock. Recover. Back. Side Rock. Recover. Touch (12:00)

40-41-42 Step forward onto right. Step left next to right. Step forward onto right.

43-44-45 Rock forward onto left. Recover on right. Step backward onto left.

SHORT WALL Wall 2: Restart the dance from Count 1 at this point.

46-47-48 Rock/Sway right to right side. Recover onto left. Touch right 'shoulder width apart' from left.

Finish 5th Wall: The dance will end on Count 42 or Count 36 when using the Sally Yeh version.

Music download available from iTunes, Amazon

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