STEPPIN'OFF



THEPage



Approved by:



Dame De Eso

4 WALL – 48 COUNTS – IMPROVER			
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 & 4 Note	Walk Forward x 2, Forward Lock Step, Ball Cross x 4 Making Full Turn Step right forward. Step left forward. Step right forward. Lock left behind right. Step right forward. Counts &5&6&7&8: these steps make a full turn clockwise, in a small circle.	Right Left Right Lock Right	Forward
& 5 & 6 & 7 & 8	Styling: Arms out to sides, elbows slightly bent, palms facing upwards. Step left beside right. Cross right over left. Step left beside right. Cross right over left. Step left beside right. Cross right over left. Step left beside right. Cross right over left.	Ball Cross Ball Cross Ball Cross Ball Cross	Turning right
Section 2 1 & 2 3 & 4 5 - 6 7 & 8 Option	Cross Samba x 2, Step, Pivot 1/2, Full Turn Cross left over right. Rock right to right side. Recover onto left. Cross right over left. Rock left to left side. Recover onto right. Step left forward. Pivot 1/2 turn right. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. Step left forward. Counts 7 & 8: Replace full turn with Left shuffle forward.	Cross Samba Cross Samba Step Pivot Full Turn	On the spot Turning right
Section 3 1 - 2 3 & 4 Note & 5 & 6 & 7 & 8	Walk Forward x 2, Forward Lock Step, Ball Cross x 4 Making Full Turn Step right forward. Step left forward. Step right forward. Lock left behind right. Step right forward. Counts &5&6&7&8: these steps make a full turn clockwise, in a small circle. Styling: Arms out to sides, elbows slightly bent, palms facing upwards. Step left beside right. Cross right over left. Step left beside right. Cross right over left. Step left beside right. Cross right over left.	Right Left Right Lock Right Ball Cross Ball Cross Ball Cross Ball Cross	Forward Turning right
Section 4 1 & 2 3 & 4 5 - 6 7 & 8	Cross Samba x 2, Step, Pivot 1/4, Cross Shuffle Cross left over right. Rock right to right side. Recover onto left. Cross right over left. Rock left to left side. Recover onto right. Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left over right.	Cross Samba Cross Samba Step Quarter Cross Shuffle	On the spot Turning right Right
Section 5 1 - 2 Styling 3 & 4 Styling 5 & 6 7 & 8	Side Rock, Behind Side Cross, Mambo Step x 2 Rock right to right side. Recover onto left. (Optional) Right arm to right side. Pull arm in towards head. Cross right behind left. Step left to left side. Cross right over left. (Optional) Circle right hand clockwise over/around head from left to right side. Rock left to left side. Rock onto right. Step left beside right. Rock right to right side. Rock onto left. Step right beside left.	Side Rock Behind Side Cross Left Mambo Right Mambo	On the spot Left On the spot
Section 6 1 - 2 Styling 3 & 4 Styling 5 & 6 7 & 8	Side Rock, Behind Side Cross, Mambo Step x 2 Rock left to left side. Recover onto right. (Optional) Left arm to left side. Pull are in towards head. Cross left behind right. Step right to right side. Cross left over right. (Optional) Circle left hand anticlockwise over/around head from right to left side. Rock right to right side. Rock onto left. Step right beside left. Rock left to left side. Rock onto right. Step left beside right.	Side Rock Behind Side Cross Right Mambo Left Mambo	On the spot Right On the spot

Choreographed by: Amund Storsveen (NO) May 2013

Choreographed to: 'Dame de Eso' by Carlos Baute from CD Grandes Exitos; download available from amazon.co.uk or iTunes (32 count intro, approx 20 secs)

Choreographer's note: Dedicated to the dancers at Floienrock, Bergen, Norway, May 2013 Special thanks to Marianne Lavik for good ideas and advice



A video clip of this
dance is available at
www.linedancermagazine.com