STEPPIN'OFF



THEPage



Approved by:





Section 1 1 - 2 Step out right. Step out left. 5 & 6 A 7 Step out girls. Step out left. 5 & 6 A 7 Step out right. Step left to left side. Touch right heel diagonally forward. 5 & 6 A 7 Step out right. Step left to left side. Touch left heel diagonally forward. 6 & 7 Step inght beside left. Cross left over right. 7 & 8 Section 2 Section 2 Section 2 Section 3 Touch, Back, Behind 1/8 Turn Touch, Heel Twists, 3/8 Turn, Walk x 2 Step left beside right. Cross right over left. Step left to left side. 6 Turn 3/8 right stepping right forward. 7 Step left forward. Step left to left side. 8 Turn 3/8 right stepping right forward. 8 Turn Turn Turn Turn Turn Turn Turn Turn	2 WALL – 38 COUNTS – INTERMEDIATE				
1 - 2 Step out right. Step out left. 3 - 4 Jump back right. Jump back left. Bounce both heels. Cross right over left. Step left to left side. Touch right heel diagonally forward. \$ 6 Cross right over left. Step left to left side. Touch right heel diagonally forward. \$ 6 Cross & Heel \$ 7 Step right beside left. Cross left over right. \$ 8 Cross Step right to right side. Touch left heel diagonally forward. \$ 8 Leer left beside right. Cross right over left. Step left to left side. \$ 1 - 2 Step left beside right. Cross right over left. Step left to left side. \$ 1 - 2 Step left beside right. Cross right over left. Step left to left side. \$ 1 - 2 Step left beside right. Twist right heel back to centre. Twist right heel to right. Twist right heel back to centre. Turn 3/8 right stepping right forward (3:00) Turn Turning right 7 - 8 Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 Touch left behind right. Step left back. \$ 1 - 2 Touch left behind right. Step left back. \$ 2 Section 3 Step right back. Lock left across right. Step right back. \$ 3 & 4 Step right back. Lock left across right. Step right on right). (9:00) Turning Bumps Turning left Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Turning Bumps Turning Bumps Section 4 \$ 2 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold 1 & 2 Cross right behind right. Step right to right side. Step left to place. \$ 6 Cross right behind right. Unwind 1/2 turn left (weight onto left). Gross right Ownind Turning left Cross right over left. Hold. Section 5 \$ 6 Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$ 8 Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$ 8 Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$ 8 Cross & Cross 1/4 Turn, Touch, 1/2 Turn, Together \$ 8 Cross & Cross 1/4 Turn, Touch, 1/2 Turn, Together \$ 8 Cross & Cross 1/4 Turn, Touch, 1/2 Turn, Together \$ 1 8 2 Step left beside right. Cross right over left. Step left beside right.	STEPS	Actual Footwork		DIRECTION	
## Sach Back Back Rounce Cross right over left. Step left to left side. Touch right heel diagonally forward. Cross & Heel & 7	Section 1	Out Out, Back Back Bounce, Cross & Heel & Cross & Heel			
5 & 6 & Cross right over left. Step left to left side. Touch right heel diagonally forward. & 7 & Step right beside left. Cross left over right. & 8 & Step right to right side. Touch left heel diagonally forward. & 4 & Cross & Heel Section 2 & Cross Side, Behind 1/8 Turn Touch, Heel Twists, 3/8 Turn, Walk x 2 & 1 - 2 & Step left beside right. Cross right over left. Step left to left side. 3 & 4 & Cross right behind left. Turn 1/8 left stepping left forward. Touch right forward. Behind Turn Touch Turning left	1 – 2	Step out right. Step out left.	Out Out	On the spot	
\$ 7 Step right beside left. Cross left over right. \$ Step right to right side. Touch left heel diagonally forward. \$ Heel Section 2	& 3 – 4	Jump back right. Jump back left. Bounce both heels.	Back Back Bounce		
Section 2 & Cross Side, Behind 1/8 Turn Touch, Heel Twists, 3/8 Turn, Walk x 2 & 1 - 2 Step left beside right. Cross right over left. Step left to left side. & Cross Side & Cross Side & Cross Side Left 3 & 4 Cross right behind left. Turn 1/8 left stepping left forward. Touch right forward. Behind Turn Touch Turning left Twist right heel to right. Twist right heel back to centre. Turn 3/8 right stepping right forward (3:00) Turn Turning right 7 - 8 Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 Touch left behind right. Step left back. Set pright back. Lock left across right sole. Set pright back. Lock left across right weight on left). Turn 1/4 left, bumping hips - left, right, left (weight on left). Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold 1 & 2 Cross left behind right. Step right side. Step left to place. 3 & 4 Cross right behind left. Step left to left side. Step left to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left 7 - 8 Cross right over left. Hold. Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. \$ Cross & Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left Turning left	5 & 6	Cross right over left. Step left to left side. Touch right heel diagonally forward.	Cross & Heel		
Section 2 & Cross Side, Behind 1/8 Turn Touch, Heel Twists, 3/8 Turn, Walk x 2 & 1 - 2 & 1 - 2 Step left beside right. Cross right over left. Step left to left side. 3 & 4 Cross right behind left. Turn 1/8 left stepping left forward. Touch right forward. 4 & 5 Twist right heel to right. Twist right heel back to centre. Twist Twist On the spot Turn 3/8 right stepping right forward (3:00) Turn Turning right Turning right Turning right Turn Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 Touch left behind right. Step left back. Step right back. Lock left across right. Step right back. Step right back. Lock left across right. left (weight on left). Turn 1/4 left, bumping hips - left, right, left (weight on right). (9:00) Section 4 Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold Cross left behind right. Step left to left side. Step right to place. Cross right behind left. Step left to left side. Step right to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Step left beside right. Cross right beside right. Cross right over left. Turn 1/4 left, stepping left forward. Touch right beside left. (12:00) Section 5 Cross & Cross & Cross Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Turning left Turning left Turning left	& 7	Step right beside left. Cross left over right.	& Cross		
\$\frac{8.1-2}{3.8.4}\$ Step left beside right. Cross right over left. Step left to left side. \$\frac{3.8.4}{2.5}\$ Cross right behind left. Turn 1/8 left stepping left forward. Touch right forward. \$\frac{6.5}{5.5}\$ Twist right heel to right. Twist right heel back to centre. \$\frac{7.8.8}{5.5}\$ Turn 3/8 right stepping right forward (3:00) \$\frac{7.8.8}{5.5}\$ Step left forward. Step right forward. \$\frac{7.8.8}{5.5}\$ Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 \$\frac{7.8.8}{5.6.5}\$ Touch left behind right. Step left back. \$\frac{7.8.8}{5.6.5}\$ Turn 1/4 left, bumping hips - left, right, left (weight on left). \$\frac{7.8.8}{5.6.5}\$ Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) \$\frac{8.6}{5.6.5}\$ Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) \$\frac{8.6}{5.6.5}\$ Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) \$\frac{8.6}{5.6.5}\$ Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) \$\frac{8.6}{5.6.5}\$ Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) \$\frac{8.6}{5.6.5}\$ Turn 1/4 left, bumping hips - right to right side. Step left to place. \$\frac{8.6}{5.6.5}\$ Cross left behind right. Step right to right side. Step left to place. \$\frac{8.6}{5.6.5}\$ Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) \$\frac{8.6}{5.6.5}\$ Behind Unwind \$\frac{8.6}{5.6.5}\$ Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$\frac{8.6}{5.6.5}\$ Left \$\frac{8.6}{5.6.5}\$ Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$\frac{8.1}{5.6.5}\$ Step left beside right. Cross right over left. Step left beside right. Cross right over left. \$\frac{8.6}{5.6.5}\$ Cross & Cross \$\frac{8.6}{5.6.5	& 8	Step right to right side. Touch left heel diagonally forward.	& Heel		
3 & 4 Cross right behind left. Turm 1/8 left stepping left forward. Touch right forward. & 5 Twist right heel to right. Twist right heel back to centre. Turn 3/8 right stepping right forward (3:00) Turn 7 - 8 Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turm With Hip Bumps x 2 1 - 2 Touch left behind right. Step left back. 3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on left). Turning Bumps Turning Bumps Turning Bumps Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold 1 & 2 Cross left behind right. Step left to left side. Step left to place. Section 4 Cross right behind left. Step left to left side. Step left to place. Touch left behind right. Unwind 1/2 turn left (weight onto left), (3:00) Behind Turn Touch Turning left Turning left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together \$ Left Sailor Cross & Cross Left Section 5 & Cross & Cross right to right. Step left beside right. Cross right over left. Turning left	Section 2	& Cross Side, Behind 1/8 Turn Touch, Heel Twists, 3/8 Turn, Walk x 2			
8.5 Twist right heel to right. Twist right heel back to centre. Turn 3/8 right stepping right forward (3:00) Turn 3/8 right stepping right forward (3:00) Turn Turning right 7 - 8 Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 1 - 2 Touch left behind right. Step left back. 3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on left). Turning Bumps Turning left 7 & 8 Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold 1 & 2 Cross left behind right. Step right to right side. Step left to place. 3 & 4 Cross right behind left. Step left to left side. Step right to place. 5 - 6 Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left 7 - 8 Cross right over left. Hold. Cross right over left. Hold. Section 5 & Cross, 1/4 Turn, Touch, 1/2 Turn, Together 8 1 & 2 Step left beside right. Cross right over left. Step left to seide right. Cross right over left. 3 - 4 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	& 1 – 2	Step left beside right. Cross right over left. Step left to left side.	& Cross Side	Left	
6 Turn 3/8 right stepping right forward (3:00) 7 - 8 Step left forward. Step right forward. Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 1 - 2 Touch left behind right. Step left back. 3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on left). Turning Bumps Turning left 7 & 8 Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold 1 & 2 Cross left behind right. Step right to right side. Step left to place. 3 & 4 Cross right behind left. Step left to left side. Step left to place. 5 - 6 Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left 7 - 8 Cross right over left. Hold. Section 5 & Cross, 1/4 Turn, Touch, 1/2 Turn, Together 8 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. 3 - 4 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	3 & 4	Cross right behind left. Turn 1/8 left stepping left forward. Touch right forward.	Behind Turn Touch	Turning left	
Section 3 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 1 - 2 Touch left behind right. Step left back. 3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on right). Turning Bumps Turning Bumps Section 4 1 & 2 Cross left behind right. Step right to left side. Step left to place. 3 & 4 Cross right behind left. Step left to left side. Step left to place. Right Sailor Turning left Turning left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Section 5 Section 5 Section 5 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	& 5	Twist right heel to right. Twist right heel back to centre.	Twist Twist	On the spot	
Section 3 1 - 2 1 - 2 1 Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2 1 - 2 1 Touch left behind right. Step left back. 3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on left). Turning Bumps Turning Bumps Turning Bumps Section 4 1 & 2 Cross left behind right. Step right to right side. Step left to place. 3 & 4 Cross right behind left. Step left to left side. Step right to place. 5 - 6 Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left 7 - 8 Cross right over left. Hold. Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Section 5 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left Turning left	6	Turn 3/8 right stepping right forward (3:00)	Turn	Turning right	
Touch left behind right. Step left back. Step right back. Lock left across right. Step right back. Turn 1/4 left, bumping hips - left, right, left (weight on left). Turning Bumps Turning Bumps Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold Section 4 Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Cross right over left. Hold. Cross right over left. Hold. Cross right over left. Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turning left Cross right over left. Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turning left Cross Rocross Left Cross & Cross & Cross Left Turning left Turning left Turning left Cross right over left. Step left beside right. Cross right over left. Turning left Turning left Turning left Turning left	7 – 8	Step left forward. Step right forward.	Walk Walk	Forward	
3 & 4 Step right back. Lock left across right. Step right back. 5 & 6 Turn 1/4 left, bumping hips - left, right, left (weight on left). 7 & 8 Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Fight Sailor Turning Bumps On the spot Right Sailor Fouch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Cross right over left. Hold. Cross Hold Left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	Section 3	Touch, Back, Back Lock Step, 1/4 Turn With Hip Bumps x 2			
Turn 1/4 left, bumping hips - left, right, left (weight on left). Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Turning Bumps	1 – 2	Touch left behind right. Step left back.	Touch Back	Back	
Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00) Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Cross right over left. Hold. Cross right over left. Hold. Cross Rold Left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Turning Bumps Left Sailor On the spot Right Sailor Behind Unwind Cross Hold Left Cross Hold Left Cross W Cross & Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00)	3 & 4	Step right back. Lock left across right. Step right back.	Back Lock Back		
Section 4 Sailor Step x 2, Behind Unwind 1/2, Cross, Hold Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Fight Sailor Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Cross right over left. Hold. Cross Hold Left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	5 & 6	Turn 1/4 left, bumping hips - left, right, left (weight on left).	Turning Bumps	Turning left	
Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Behind Unwind Turning left Cross right over left. Hold. Cross Hold Cross Hold Cross W Cross, 1/4 Turn, Touch, 1/2 Turn, Together Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Cross Hold Cross & Cross & Cross Left Quarter Touch Turning left	7 & 8	Turn 1/4 left, bumping hips - right, left, right (weight on right). (9:00)	Turning Bumps		
Cross right behind left. Step left to left side. Step right to place. Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) Cross right over left. Hold. Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Right Sailor Behind Unwind Cross Hold Left Cross Hold Left Cross & Cross & Cross Left Quarter Touch Turning left	Section 4	Sailor Step x 2, Behind Unwind 1/2, Cross, Hold			
5 - 6 Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00) 8 Cross right over left. Hold. Section 5 8 Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together Step left beside right. Cross right over left. Step left beside right. Cross right over left. 3 - 4 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Behind Unwind Cross Hold Left & Cross & Cross & Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	1 & 2	Cross left behind right. Step right to right side. Step left to place.	Left Sailor	On the spot	
7 - 8 Cross right over left. Hold. Cross Hold Left Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. & Cross & Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	3 & 4	Cross right behind left. Step left to left side. Step right to place.	Right Sailor		
Section 5 & Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together & 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	5 – 6	Touch left behind right. Unwind 1/2 turn left (weight onto left). (3:00)	Behind Unwind	Turning left	
& 1 & 2 Step left beside right. Cross right over left. Step left beside right. Cross right over left. & Cross & Cross Left Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	7 – 8	Cross right over left. Hold.	Cross Hold	Left	
3 – 4 Turn 1/4 left stepping left forward. Touch right beside left. (12:00) Quarter Touch Turning left	Section 5	& Cross & Cross, 1/4 Turn, Touch, 1/2 Turn, Together			
	&1&2	Step left beside right. Cross right over left. Step left beside right. Cross right over left.	& Cross & Cross	Left	
5 – 6 Turn 1/2 right stepping right forward. Step left beside right. (6:00) Half Together Turning right	3 – 4	Turn 1/4 left stepping left forward. Touch right beside left. (12:00)	Quarter Touch	Turning left	
	5 – 6	Turn 1/2 right stepping right forward. Step left beside right. (6:00)	Half Together	Turning right	

Choreographed by: Margaret Swift (UK) April 2014

Choreographed to: 'D.I.Y' by Paul Heaton and Jacqui Abbott

from CD What Have We Become; download available from amazon (16 count intro - start on vocals)



A video clip of this dance is available at www.linedancermagazine.com