

Gross My Heart



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Right Kick Ball Cross. Chasse. Pivot.	SUGGESTION	
1	Kick right foot forward.	Kick	On the spot
& 2	Step right to place. Cross left foot over right taking weight.	and cross	an in open
3 & 4	Step right to right side. Close left to right. Step right to right side	Side, Close, Side	Right
5 - 6	Rock back on left. Rock in place on right.	Rock, Rock	On the spot
7 - 8	Step forward on left. Pivot 1/2 turn to right.	Step, Pivot	Turning right
Section 2	Left Kick Ball Cross. Chasse. Pivot.	I State on Second Second Second	
9	Kick left foot forward.	Kick	On the spot
& 10	Step left in place. Cross right foot over left taking weight.	and Cross	
11 & 12	Step left to left side. Close right to left. Step left to left side.	Side, Close, Side	Right
13 - 14	Rock back on right. Rock in place on left.	Rock, Rock	On the spot
15 - 16	Step forward on right. Pivot 1/2 turn to left.	Step, Pivot	Turning right
Section 3	Diagonal Forward Toe Struts		
17 - 18	Moving diagonally left, strut right toe (then heel) across the left.	Right Strut	Forward
19 - 20	Strut left toe (then heel) to left side.	Left Strut	and
21 - 22	Repeat steps 17 - 18	Right Strut	to
23 - 24	Repeat step 19 - 20	Left strut	Left
Section 4	Jazz Box 1/4 Turns Right		
25	Cross right foot over left.	Cross	On the spot
26	Step back on left foot.	Back	On the spor
27	Step right foot to make 1/4 turn right	Turn	
28	Close left to right	Together	
29 - 32	Repeat steps 25 - 28		On the spot
	Begin Again	The Arthe Medical	

Options:-

Moves 17 - 24 can be accompanied with optional finger clicks. e.g. Fingers click at shoulder level on odd or even counts. Try clicking high then low or out at shoulder height and crossed over chest. Another option is one hand comes up as the other goes down. Have fun.

Two Wall Line Dance. Beginner Level. 32 Counts.

Choreographed by:- Gita Renick UK 1996

Danced to:- | Don't Know - by The Dean Brothers. | Forgot To Remember (slow version) The Dean Brothers.

Or try Everybody Gonfi Gon by The Two Cowboys - (Turbo Speed - great fun)