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E-mail: admin@linedancermagazine.com

Crest Of A Wave

64 count, 4 wall, intermediate level Choreographer: Caz Mawby & Tina Argyle (UK) Jan 2005

Choreographed to: Livinn' Thing by The Beautiful South (124 bpm) CD Single or Golddiggas, Headnodders & Pholk Songs CD

Heel Switches.					
1 & 2	Touch Right heel forward. Place Right at side of Left. Touch Left heel forward.				
& 3 - 4	Place Left at side of Right. Touch Right heel forward. Hold.				
& 5 & 6	Place Right at side of Left. Touch Left heel forward. Place Left at side of Right.				
& 7 – 8	Touch Right heel forward. Place Right at side of Left. Touch Left heel forward. Hold				
Rock fwd. Sailo	r ½ Turn Right. Diagonal Step, Touch x 2 Left then Right.				
& 9 – 10	Step Left at side of Right. Rock fwd. onto Right, recover weight onto Left.				
11 & 12	Cross Right behind. Make ½ turn Right stepping Left to Left side. Step Right in place.				
13 - 14	Step Left to Left diagonal, Touch Right at side of Left.				
15 - 16	Step Right to Right diagonal, Touch Left at side of Right.				
1 ¼ turn Left, Touch. Kick Ball Cross x 2 Travelling Right.					
17 – 18	Step fwd. Left making ¼ turn Left. Step back Right making ½ turning left.				
19 - 20	Step fwd. Left making ½ turn Left. Step fwd. Touch Right at side of Left.				
21 & 22	Kick Right to right diagonal. Step Right at side of Left. Cross Left over Right.				
23 & 24	Kick Right to right diagonal. Step Right at side of Left. Cross Left over Right.				
Right Side Rock, Behind, Side Cross. Side, Hold, Step Together, ¼ Turn, Scuff.					
25 - 26	Rock Right to Right side, recover weight onto Left.				
27 & 28	Cross Right behind Left. Step Left to Left side. Cross Right over Left.				
29 - 30	Step Left to Left side. Hold.				
&31 -32	Step Right at side of Left. ¼ turn Left stepping fwd. Left, Scuff Right at side of Left.				
Side. Behind &	Cross, Side. Behind, Side Cross, Side Rock Recover.				
33 – 34	Step Right to Right side. Cross Left behind Right.				
&35 -36	Step Right to Right side. Cross Left over Right. Step Right to Right side.				
37 & 38	Cross Left behind Right. Step Right to Right side. Cross Left over Right.				
39 - 40	Rock Right to Right side. Recover weight onto Left.				
Sailor ½ Turn Right. Step ½ Pivot Turn. Rock fwd. Recover. ¼ Turn Left. Touch.					
41 & 42	Cross Right behind. Make ½ turn Right stepping Left to Left side. Step Right in place.				
43 – 44	Step fwd. Left. ½ Pivot Turn Right.				
45 – 46	Rock fwd. Left, Recover weight onto Right.				
47 – 48	1/4 Turn Left making large step to Left side. Slide Right toe towards Left, Touch at side				
	of Left.				
** Re – Start Ha	ppens Here On Walls 2 & 4 only. **				
Turning Too Str	usto Left Kick Ball Change				
	ruts, Left Kick Ball Change.				
49 – 50	Touch Right toe to Right side, Drop Right Heel taking weight.				
51 - 52	Making ½ Turn over Right shoulder Touch Left toe to Left side, Drop Left Heel taking weight.				
53 – 54	Making ½ Turn over Right shoulder Touch Right toe to Right side, Drop Heel taking				
55 & 56	weight. Kick Left forward. Step Left at side of Right. Step Left in place.				
Rock fwd, Recover. ½ Shuffle Turn Left. Step ½ Pivot Turn 2 x Walk Forward. (Optional Full Turn).					
57 – 58	Rock fwd. onto Left, recover weight onto Right.				
59 & 60	Making ½ Turn Left stepping fwd. Left. Close Right at side of Left. Step fwd. Left				
61 – 62	Step fwd. Right. ½ Pivot Turn Left.				
63 – 64	Step forward Right. Step forward Left. (OR Full Turn over 2 counts turning over Left				
	shoulder.)				