

Approved by:


## 4 WALL - 64 COUNTS - INTERMEDIATE

| STEPS | AcTuAL FOOTwORK | CALLING SUGGESTION | DIRECTION |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Section } 1 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7-8 \end{gathered}$ | Side, Cross, Side Cross Side, Cross Rock, Hip Bumps <br> Step right to side. Cross left over right. <br> Step right to side. Cross left over right. Step right to side. <br> Cross rock left over right. Recover onto right. <br> Step left to side bumping hips left. Transfer weight onto right bumping hips right. | Side Cross Side Cross Side Cross Rock Hip Bumps | Right <br> On the spot |
| $\begin{gathered} \text { Section } 2 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7 \\ 8 \end{gathered}$ | Side, Together, Forward Shuffle, Forward Rock, 1/4 Turn Hip Bumps <br> Step left to side. Step right beside left. <br> Step left forward. Close right beside left. Step left forward. <br> Rock forward on right. Recover onto left. <br> Turn $1 / 4$ right stepping right to side and bumping hips right. <br> Transfer weight onto left bumping hips left. | Side Together <br> Left Shuffle <br> Rock Forward <br> Quarter <br> Bump | Left <br> Forward <br> On the spot <br> Turning right <br> On the spot |
| $\begin{gathered} \text { Section } 3 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ \& 7-8 \end{gathered}$ | Side, Together, Chasse, Cross Rock, Ball Cross Side <br> Step right to side. Step left beside right. <br> Step right to side. Close left beside right. Step right to side. <br> Cross rock left over right. Recover onto right. <br> Step left beside right. Cross right over left. Step left to side. | Side Together Chasse Right Cross Rock Ball Cross Side | Right <br> On the spot Left |
| $\begin{gathered} \text { Section } 4 \\ 1-2 \\ 3 \& 4 \\ \text { Restart } \\ 5-6 \\ 7-8 \\ \text { Restart } \end{gathered}$ | Back Rock, Kick Ball Cross, Side Rock, Back Rock <br> Rock back on right. Recover onto left. <br> Kick right forward. Step right beside left. Cross left over right. <br> Wall 3: Start the dance again (facing 9:00). <br> Rock right to side. Recover onto left. <br> Rock back on right. Recover onto left. <br> Wall 6: Start the dance again (facing 6:00). | Rock Back Kick Ball Cross <br> Side Rock Back Rock | On the spot |
| $\begin{gathered} \text { Section } 5 \\ 1-2 \\ \& 3-4 \\ 5 \& 6 \\ 7 \& 8 \end{gathered}$ | Syncopated Rock Steps, Back Lock Step x 2 <br> Rock forward on right. Recover onto left. <br> Step right beside left. Rock forward on left. Recover onto right. <br> Step left back. Lock right across left. Step left back. <br> Step right back. Lock left across right. Step right back. | Rock Forward \& Rock Back Back Lock Back Back Lock Back | On the spot <br> Back |
| $\begin{gathered} \text { Section } 6 \\ 1 \\ 2 \& 3 \\ 4-5 \\ 6 \& 7 \\ 8 \end{gathered}$ | Back, Point \& Point, Samba Step, Cross <br> Step left back. <br> Point right to right side. Step right in front of left. Point left to left side. <br> Cross left over right. Point right to right side. <br> Cross right over left. Rock left to left side. Recover onto right. Cross left over right. | Back <br> Point \& Point Cross Point Samba Step Cross | Back <br> On the spot <br> Right <br> On the spot <br> Right |
| $\begin{gathered} \text { Section } 7 \\ 1-2 \\ 3 \& 4 \\ 5 \& 6 \\ 7-8 \end{gathered}$ | Side Rock, Samba Step x 2, Step Pivot 1/2 <br> Rock right to side. Recover onto left. Cross right over left. Rock left to side. Recover onto right. Cross left over right. Rock right to side. Recover onto left. Step right forward. Pivot $1 / 2$ turn left. | Side Rock Samba Step Samba Step Step Pivot | On the spot <br> Turning left |
| $\begin{gathered} \text { Section } 8 \\ 1-2 \\ 3-4 \\ 5-6 \\ 7-8 \end{gathered}$ | Step Pivot $1 / 2$, Forward Rock, Full Turn, Back Rock <br> Step right forward. Pivot $1 / 2$ turn left. <br> Rock right forward. Recover onto left. <br> Full turn right stepping right forward, left back. <br> Rock back on right. Recover onto left. | Step Pivot Rock Forward Full Turn Rock Back | Turning left On the spot Turning right On the spot |

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[^0]:    Choreographed by: Richard Palmer and Lorna Dennis (UK) October 2014
    Choreographed to: 'Adios (English Version)' by Ricky Martin from CD Single; download available from amazon or iTunes ( 16 count intro - start on vocals)
    Restarts: Two Restarts: Wall 3 after count 28 and Wall 6 after count 32
    Choreographers' note: The dance fits all 3 language versions of this track by Ricky Martin
    

