STEPPIN'OFF



THEPage



Approved by:



Country Groovin'

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Toe, Scuff, Toe Strut (x 2)		
1 – 2	Touch right toe to left instep. Scuff right heel forward.	Toe Scuff	On the spot
3 – 4	Step right toe forward. Drop right heel taking weight.	Toe Strut	Forward
5 – 6	Touch left toe to right instep. Scuff left heel forward.	Toe Scuff	On the spot
7 – 8	Step left toe forward. Drop left heel taking weight.	Toe Strut	Forward
Tag/Restart	Wall 5: Dance 4-count Tag here then start the dance again from the beginning.		
Section 2	Grapevine With Touch, Point Out, Touch In, Point Out, Touch In		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Touch left beside right.	Side Touch	
5 – 6	Point left out to side. Touch left beside right.	Out In	On the spot
7 – 8	Point left out to side. Touch left beside right (weight still on right).	Out In	
Section 3	Grapevine With Touch, Point Out, Touch In, Point Out, Hold		
1 – 2	Step left to left side. Cross right behind left.	Side Behind	Left
3 – 4	Step left to left side. Touch right beside left.	Side Touch	
5 – 6	Point right out to side. Touch right beside left.	Out In	On the spot
7 – 8	Point right out to side. Hold (weight on left).	Out Hold	
Section 4	Cross, Heel Bounce x 3 Turning 1/4 Left, Kick Ball Change, Kick x 2		
1	Cross right over left.	Cross	On the spot
2 – 4	Bounce heels 3 times making 1/4 turn left (transfer weight onto left). (9:00)	Bounce Quarter	Turning left
5 & 6	Kick right forward. Step right beside left. Step onto left in place.	Kick Ball Change	On the spot
7 – 8	Kick right small kick forward twice (weight on left).	Kick Kick	
Tag	Wall 5, End of Section 1: Side, Touch (x 2)		
1 – 2	Step right to right side. Touch left beside right.	Right Touch	On the spot
3 – 4	Step left to left side. Touch right beside left.	Left Touch	
	Then start the dance again.		

Choreographed by: Rene and Reg Mileham (UK) October 2013

Choreographed to: 'Listen To A Country Song' by Andy Lee Lang (164 bpm) from CD Goes Country; download available from amazon or iTunes

Tag/Restart: There is one Tag during Wall 5, followed by Restart

