Jelly Roll

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32 Count 4 Wall Absolute Beginner Level Dance.
Choreographed by: Rhoda Lai (CAN) Nov 2026
Choreographed to: Jelly Roll by Micah Palace
Intro: 5 Counts. Start at approx 2 secs.

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SEC 1	**SIDE, TOGETHER, SIDE, TOGETHER, SCISSORS STEP, SIDE**
1-2	Step R to R side, step L beside R
3-4	Step R to R side, step L beside R
4-5	Step R to R side, step L beside R
7-8	Cross R over L, step L to L side
SEC 2	**ROCK BACK, SIDE, ROCK BACK, SIDE, BEHIND, ¼**
1-2-3	Rock R behind L, recover onto L, step R to R side
4-5-6	Rock L behind R, recover onto R, step L to L side
7-8	Step R behind L, ¼ L stepping L forward (9:00)
Bridge	Here on Wall 8
SEC 3	**TOE STRUT HIP BUMPS X4**
1&2	Touch R toes forward bumping hips R, bump hips L, bump hips R
3&4	Touch L toes forward bumping hips L, bump hips R, bump hips L
5&6	Touch R toes forward bumping hips R, bump hips L, bump hips R
7&8	Touch L toes forward bumping hips L, bump hips R, bump hips L
SEC 4	**JAZZ BOX ¼, JAZZ BOX ¼**
1-2	Cross R over L, ¼ R stepping back L (12:00)
3-4	Step R to R side, step L slightly forward
5-6	Cross R over L, ¼ R stepping back L (3:00)
7-8	Step R to R side, step L slightly forward
Bridge	After 16 counts of Wall 8
	TOE STRUT HIP BUMPS X2
1&2	Touch R toes forward bumping hips R, bump hips L, bump hips R
3&4	Touch L toes forward bumping hips L, bump hips R, bump hips L