Spirit

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32 Count 4 Wall Linedance Level Dance.
Choreographed by: Maggie Gallagher (UK) Oct 2026
Choreographed to: Spirit by Sydnie Christmas
Intro: 8 Counts. Start at approx 3 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	**ROCK, SHUFFLE ½, WALK, ½ BACK, ¼ CHASSE**
1-2	Rock forward on right, recover back on left
3&4	¼ Right stepping right to right side, step left next to right, ¼ right stepping forward on right (6:00)
5-6	Walk forward on left, ½ left stepping back on right (12:00)
7&8	¼ Left stepping left to left side, step right next to left, step left to left side (9:00)
SEC 2	**CROSS, SIDE, SAILOR STEP, CROSS, SIDE, TOUCH, UNWIND ½**
1-2	Cross right over left, step left to left side
3&4	Cross right behind left, step left to left side, step right to right side
5-6	Cross left over right, step right to right side
7-8	Touch left behind right, unwind ½ left weight on left (3:00)
SEC 3	**STEP, HOLD, & STEP, TOUCH, STEP, HOLD, & STEP, TOUCH**
1-2	Step forward on right to right diagonal, hold
&3-4	Step left next to right, step forward on right, touch left toe next to right
5-6	Step forward on left to left diagonal, hold
&7-8	Step right next to left, step forward on left, touch right toe next to left
SEC 4	**OUT OUT, BACK, COASTER STEP, ROCKING CHAIR**
&1	Step back on right, step left out to left side
2	Step back on right
3&4	Step back on left, step right next to left, step forward on left
5-6	Rock forward on right, recover back on left
7-8	Rock back on right, recover forward on left
Ending	At the end of Wall 11, turn ¼ right stepping right to right side