



Perfect Man

32 Count 2 Wall Low Intermediate Level Dance.
Choreographed by: Peter Davenport (ES) Oct 2026
Choreographed to: Perfect Man by Teddy Swims
Intro: 16 Counts. Start at approx 15 secs.

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SEC 1 SIDE BEHIND SIDE ¼, STEP FULL TURN BACK, BEHIND SIDE ROCK, SYCOPATED WEAVE

- 1-2& Step R to R, cross L behind R, ¼ R step R forward (3:00)
3 Step L forward
4&5 Pivot ½ R weight to R, ½ R step back on L, sweep R back (3:00)
6&7& Cross R behind L, step L to L, rock R over L, replace weight back on L
8&1 Step R to R, cross L over R, step R slide R

Restart Here on Wall 5, turn ¼ L to restart

SEC 2 ROCK BACK, SPIRAL ¼, SIDE ROCK CROSS, BACK SIDE, LOCK STEP, HITCH ½

- 2&3 Rock L behind R, replace weight back on R, step L to L spiral ½ R hooking R over L (9:00)
4&5 Rock R to R, replace weight back on L, cross R over L
6-7 Step L back, step R to R
8&1 Step L forward, lock R behind L, step forward L ½ L hitch R knee (3:00)

SEC 3 SIDE TOGETHER CROSS SWEEP, CROSS SIDE CROSS, SWAY, SWAY, SAILOR ¼ STEP ROCK

- 2&3& Step R to R, bring L to R, cross R over L, sweep L over R no weight
4&5 Cross L over R, step R to R, cross L over R
6-7 Sway R, sway L
8&1 ¼ R step R behind L, step L to L, rock forward R (6:00)

SEC 4 SYNCOPATED ROCK, BACK TOGETHER CROSS, SYCOPATED SLIDE TAPS

- 2&3 Replace weight back on L, bring R to L, rock forward L
4&5 Replace weight back on R, step back L, cross R over L
6&7& Step forward L, touch R to L, step forward R, touch L to R
8& Step L to L, touch R to R
Note On Wall 3 counts 6&7&8& are slowed down to catch the beat



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