



Same Old Way

32 Count 4 Wall Intermediate Level Dance.
Choreographed by: Glynn Rodgers (UK) Oct 2026
Choreographed to: Same Old Way by Randy Travis
Intro: 16 Counts. Start at approx 10 secs.

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SEC 1 BACK, DRAG, ¼ BALL CROSS, ¼ STEP, PIVOT ¼ TURN, CROSS SHUFFLE

1-2 Big step right back, drag left towards right

Styling Angling body to (1:30), drag the heel of the left foot

&3-4 Close left to right, turn ¼ right cross right over left, turn ¼ left stepping forward left (12:00)

5-6 Step forward right, pivot ¼ turn left (9:00)

7&8 Cross right over left, step left behind right heel, cross right over left

SEC 2 HIP PUSH, MAMBO CROSS, ¼ TURN, HITCH ¼, CROSS SHUFFLE

1-2 Touch left to left side, push hips left weight on left

3&4 Rock right to right side, recover weight on to left, cross right over left

5-6 Turn ¼ left stepping left forward, turn ¼ left hitch right knee (3:00)

7&8 Cross right over left, step left behind right, cross right over left

SEC 3 SIDE, CLOSE, SHUFFLE FORWARD, SIDE, CLOSE, BACK SWEEP, BACK SWEEP

1-2 Step left to left side, close right to left

3&4 Step left forward, close right to left, step left forward

5-6 Step right to right side, close left to right

7-8 Step back right sweeping left back, step back left sweeping right back

SEC 4 REVERSE ½ PIVOT, ROCK, OUT-OUT-IN-CROSS, UNWIND FULL TURN

1-2 Touch right toe back, unwind ½ turn right weight on right (9:00)

3-4 Rock forward left, recover weight on to right

&5 Step left to left side, step right to right side

&6 Step left next to right, cross right over left

7-8 Unwind a full turn left over 2 counts weight on left (9:00)