Yesterday & All Day

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64 Count 2 Wall Improver Level Dance.
Choreographed by: Peter Davenport (ES) Aug 2026
Choreographed to: Yesterday, All Day, Every Day by Lainey Wilson
Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 **HEEL GRIND STRUT, HEEL GRING STRUT, ROCKING CHAIR**
1-2 Touch R heel, fan R to R step down R
3-4 Grind L heel, fan L to L step L forward
5-6 Rock forward R, replace weight back on L
7-8 Rock back R, replace weight back on L

Restart Here on Wall 2

SEC 2 **STEP, ¾ TURN, SLIDE, BEHIND SIDE CROSS STEP**
1-2 Step forward R, unwind ¾ L (3:00)
3-4 Step R to R, slide L to R
5-6 Cross L behind R, step R to R
7-8 Cross L over R, step R to R

SEC 3 **CROSS STRUT, BACK STRUT, ¼ TOE STRUT, TOUCH OUT, TOUCH IN**
1-2 Touch L toe across R, drop L heel
3-4 Touch R toe back, drop R heel
5-6 ¼ L touch L toe forward, drop L heel (12:00)
7-8 Touch R toe out, touch R toe in to R

SEC 4 **VINE, TOUCH, VINE, TOUCH**
1-2 Step R to R, cross L beind R
3-4 Step R to R, touch L to R
5-6 Step L to L, cross R behind L
7-8 Step L to L, touch R to L

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SEC 5 **MONTERY ¼, CROSS, MONTERY ¼, STEP**
1-2 Touch R toe out to R, turn ¼ R bring R to L (3:00)
3-4 Touch L out to L, cross L over R
5-6 Touch R toe out to R, turn ¼ R bring R to L (6:00)
7-8 Touch L out to L, step L forward

Restart Here on Wall 4

SEC 6 **CROSS POINT, CROSS POINT, ¼ JAZZ BOX**
1-2 Cross R over L, point L out to L
3-4 Cross L over R, point R out to R
5-6 Cross R over L, step L back
7-8 ¼ R step R to R, cross L over R (9:00)

SEC 7 **SIDE, HOLD, BACK ROCK, SIDE, HOLD, BACK ROCK**
1-2 Long step R, slide L to R
3-4 Rock back on L, recover weight back on R
5-6 Long slide L, slide R to L
7-8 Rock back on R, recover weight back on L

SEC 8 **MODIFIED FIGURE 8**
1-2 Step R to R, cross L behind R
3-4 ¼ R step forward R, step forward L (12:00)
5-6 Pivot ½ R weight on R, ¼ R step L to L (9:00)
7-8 Cross R behind L, ¼ L step L forward (6:00)

Tag At the end of Walls 3 and 5
SIDE, TOUCH, SIDE, TOUCH
1-2 Step R to R, touch L to R
3-4 Step L to L, touch R to L

Tag At the end of Wall 6
STOMP, HOLD, STOMP, HOLD, STOMP, HOLD, HIPS
1-2 Stomp R to R, hold
3-4 Stomp L to L, hold
5-6 Stomp R to R, hold
7-8 Swing hips L, swing hips R
1-2 Swing hips L, hold