



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE, BEHIND AND CROSS AND HEEL, SIDE, CROSS, SIDE, SAILOR HEEL

- 1 Step right to side
- 2& Step left behind right, step right to side
- 3&4 Cross left over right, step right to side, tap left heel diagonally forward
- &5-6 Step left to side, cross right over left, step left to side
- 7&8 Step right behind left, step left to side, tap right heel diagonally forward

SEC 2 BALL CROSS, ¼ BACK, SHUFFLE BACK, BACK ROCK, FULL TURN

- &1-2 Step right to side, cross left over right, ¼ turn left step right back (9:00)
- 3&4 Step left back, step right next to left, step left back
- 5-6 Step right back, recover onto left
- 7-8 ½ Turn left step right back, ½ turn left step left forward (9:00)

SEC 3 SHUFFLE, SHUFFLE, ROCK, SHUFFLE BACK

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Rock right forward, recover left
- 7&8 Step right back, step left next to right, step right back

SEC 4 BACK, BACK, COASTER STEP, HEEL SWITCHES, TWIST HEELS

- 1-2 Walk back left, walk back right
- 3&4 Step left back, step right next to left, step left forward
- 5&6& Tap right heel forward, step right next to left, tap left heel forward, step left next to right
- 7-8 Twist both heels to right, twist both heels back to centre

Restart Here on Walls 2 and 5, dance Tag 1 then restart

SEC 5 STOMP, KICK ¼, COASTER STEP, STOMP, KICK ¼, COASTER STEP

- 1-2 Stomp right beside left weight on left, ¼ turn right kick right forward (12:00)
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Stomp left beside right weight on right, ¼ turn left kick left forward (9:00)
- 7&8 Step left back, step right next to left, step left forward

It's A Beautiful Life

Continued... Page 2 of 2

SEC 6 HIP TURN ½, HIP TURN ½, ROCKING CHAIR

- 1&2 Touch right forward bump hips right, bump hips left, ½ turn left step back on right (3:00)
- 3&4 Touch left back bump hips left, bump hips right, ½ turn left step forward on left (9:00)
- 5-6 Rock right forward, recover left
- 7-8 Rock right back, recover left

SEC 7 GRAPEVINE ¼ TURN, TOUCH, DOROTHY STEP, DOROTHY STEP

- 1-2 ¼ Turn left step right to side, step left behind right (6:00)
- 3-4 Step right to side, touch left next to right
- 5-6& Step left forward, lock right behind left, step left forward
- 7-8& Step right forward, lock left behind right, step right forward

SEC 8 ROCK, & BACK, BACK, COASTER STEP, STEP, TOUCH

- 1-2& Rock forward on left, recover onto right, step left next to right
- 3-4 Step right back, step left back
- 5&6 Step right back, step left next to right, step right forward
- 7-8 Step left forward, touch right next to left

Tag 1 After 32 counts of Walls 2 and 5

SIDE, TOUCH, ¼ SIDE, TOUCH

- 1-2 Step right to side, touch left next to right
- 3-4 ¼ Turn left step left to side, touch right next to left

Tag 2 At end of Wall 7

½ CHUG

- 1-2 ⅛ Turn left stomping right forward keeping weight on left, ⅛ turn left stomping right forward keeping weight on left
- 3-4 ⅛ Turn left stomping right forward keeping weight on left, ⅛ turn left stomping right forward keeping weight on left



Remember to Vote for your favourite dances at www.linedancerweb.com

www.linedancefoundation.com, www.linedancer-radio.com, www.crystalbootawards.com

Email: scripts@linedancerweb.com