



I Wanna Run

16 Count 4 Wall High Beginner Level Dance.
Choreographed by: Myra Harrold (UK) Aug 2026
Choreographed to: Bad Man by Twinnie
Intro: 0 Counts. Start on "Run" at approx 1 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SYNCOPATED CROSS ROCKS, WEAVE, SWEEP

- 1-2& Cross rock RF over LF, recover to LF, step RF to R
3-4& Cross rock LF over RF, recover to RF, step LF to L

Restart Here on Walls 8 and 10

- 5&6 Cross RF over LF, step LF to L, step RF behind LF
&7 Step LF to L, cross RF over LF sweep LF fwd across RF

SEC 2 WEAVE, SWEEP, ROCK, SIDE, ROCK, RECOVER, SIDE, WEAVE ¼ SYNCOPATED ROCKING CHAIR

- 8&1 Cross LF over RF, step RF to R, step LF behind RF sweep RF back
2&3 Rock RF behind LF, recover to LF, RF big step to R
4&5 Rock LF behind RF, recover to R, LF big step to L
6& Step RF behind LF, turn ¼ L step LF fwd (9:00)
7&8& Rock RF fwd, recover to LF, rock RF back, recover to LF

Tag At the end of Wall 4

SYNCOPATED CROSS ROCKS, ROCKING CHAIR

- 1-2& Cross rock RF over LF, recover to LF, step RF to R
3-4& Cross rock LF over RF, recover to RF, step LF to L
5-6 Cross rock RF over LF, recover to LF
7-8 Rock RF back diagonal R, recover to LF