



Inhibitions

32 Count 4 Wall Improver Level Dance.
Choreographed by: Malene Jakobsen (DK) Aug 2026
Choreographed to: Boston by Stella Lefty
Intro: 32 Counts. Start at approx 16 secs.

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SEC 1 SIDE, TOGETHER, ROCKING CHAIR, STEP, ¼ PIVOT

- 1-2 Step R to R, step L next to R
- 3-4 Rock fwd on R, recover onto L
- 5-6 Rock back on R, recover onto L
- 7-8 Step fwd on R, turn ¼ L weight on L (9:00)

SEC 2 CROSS, SWEEP, CROSS, SWEEP, JAZZ BOX CROSS

- 1-2 Cross R over L, sweep L from back to front
- 3-4 Cross L over R, sweep R from back to front
- 5-6 Cross R over L, step back on L
- 7-8 Step R to R, cross L over R

Restart Here on Wall 6

SEC 3 FIGURE 8

- 1-2 Step R to R, cross L behind R
- 3-4 Turn ¼ R stepping fwd on R, step fwd on L (12:00)
- 5-6 Turn ½ R weight on R, turn ¼ R stepping L to L (9:00)
- 7-8 Cross R behind L, turn ¼ L stepping fwd on L (6:00)

SEC 4 SIDE, TOUCH, SIDE, TOUCH, VINE, CROSS

- 1-2 Step R to R, touch L next to R
- 3-4 Step L to L, touch R next to L
- 5-6 Step R to R, cross L behind R
- 7-8 Step R to R, cross L over R



Remember to Vote for your favourite dances at www.linedancerweb.com

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