



Heart Break Song

32 Count 4 Wall Low Intermediate Level Dance.
Choreographed by: EWS Winson (MY) Jul 2026
Choreographed to: Heartbreak Song by Mickey Guyton
Intro: 16 Counts. Start at approx 11 secs.

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SEC 1 MAMBO, COASTER CROSS, SIDE ROCK CROSS, ¼ BACK, ½ FORWARD

- 1&2 Rock RF forward, recover weight on LF, step RF back
3&4 Step LF back, close RF beside LF, cross LF over RF
5&6 Rock RF to R side, recover weight on LF, cross RF over LF
7-8 Turn ¼ R stepping LF back, turn ½ R stepping RF forward (9:00)

SEC 2 SUGARFOOT, SUGARFOOT, SYNCOPATED ROCKING CHAIR, FORWARD, PIVOT ¾

- 1&2 Touch L toes inwards next to RF, touch L heel to L diagonal, cross LF over RF
3&4 Touch R toes inwards next to LF, touch R heel to R diagonal, cross RF over LF
5&6& Rock LF forward, recover weight on RF, rock LF back, recover weight on RF
7&8 Step LF forward, step RF forward, turn ¾ L over L shoulder (4:30)

Bridge Here on Wall 4, hold for 2 counts then continue the dance

SEC 3 SHUFFLE, ¼ SHUFFLE, ½ SYNCOPATED SIDE WEAVE, SIDE, BACK ROCK

- 1&2 Step RF forward, close LF next to RF, step RF forward
3&4 Turn ¼ R stepping LF forward, close RF next to LF, step LF forward (7:30)
&5&6 Turn ½ L stepping RF to R side, cross LF behind RF, step RF to R side, cross LF over RF (6:00)
7-8& Step RF to R side, rock LF behind RF, recover weight on RF

Restart Here on Wall 7, close LF next to RF on count 8 then restart

SEC 4 HALF FORWARD RUMBA BOX, HALF FORWARD RUMBA BOX, CURVY WALK ½, CURVY RUN ¼, FORWARD

- 1&2 Step LF to L side, step RF beside LF, step LF forward
3&4 Step RF to R side, step LF beside RF, step RF forward
5-6 Turn ¼ L stepping LF forward, turn ¼ L stepping RF forward slightly crossing over LF (12:00)
7&8 Turn ½ L running LF forward, turn ½ L running RF forward slightly crossing over LF, step LF forward (9:00)



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