



Things I Regret

32 Count 2 Wall Advanced Level Dance.

Choreographed by: Debbie Rushton (UK), Darren Bailey (UK),
Mike Liadouze (FR), Fred Whitehouse (IRL)
& Guillaume Richard (FR) Oct 2025

Choreographed to: All the Things I Regret by Oryn Etheria

Intro: 16 Counts. Start at approx 16 secs.

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SEC 1 ½ RONDÉ, ROCK FWD, SIDE ROCK, BEHIND, ¼ STEP, ½ STEP PIVOT, SPIRAL FULL, ¼ CURVE RUNNING

- 1-2& Step LF fwd and make ½ turn L with rondé R leg, step RF fwd, recover on LF (6:00)
3&4 Step RF to R, recover on LF, cross RF behind LF
&5-6 Make ¼ turn L stepping LF fwd, step RF fwd, make ½ turn L keeping weight back on RF (9:00)
7-8& Make a full spiral turn R stepping on LF (9:00)
8& Step RF fwd making a curve with ⅛ turn R, step LF fwd making a curve with ⅛ turn R (12:00)

SEC 2 ⅛ TURN STEP SWEEP, CROSS, ¼ BACK STEP, ¼ SIDE STEP, SWAY, SWAY, STEP PIQUÉ, CROSS, ¼ STEP, FWD COASTER STEP, BACK

- 1-2& Make ⅛ turn R stepping RF fwd and sweeping LF to the front, cross LF over RF, make ¼ turn RF back (10:30)
3-4& Make ¼ turn L stepping LF to L, sway to R, sway to L (7:30)
5-6& Step RF fwd doing a piqué with L knee up, cross LF over RF, make ¼ turn R stepping RF fwd (10:30)
7&8& Step LF fwd, step RF next to LF, step LF back, step RF back

Restart Here on Wall 3, change the last & count collecting RF next to LF squaring up to the front to restart the dance

SEC 3 ½ TURN ROCK STEP, BACK, BACK, BACK & HOOK, STEP, FULL TURN SWEEP, ⅜ JAZZ BOX, ⅛ STEP, STEP

- 1-2& Touch L toe back and make ½ turn L as you transfer weight on LF, recover on RF, step LF back (4:30)
3-4& Step RF back as you hook LF over R leg, step LF fwd, make ½ turn L stepping RF back (10:30)
5-6& Make ½ turn L stepping LF fwd sweeping RF to front, cross RF over LF, make ¼ turn R stepping LF back (7:30)
7-8& Make ⅛ turn R stepping RF to R, make ⅛ turn R stepping LF fwd, step RF fwd (10:30)

SEC 4 ⅛ TURN STEP, TOUCH, UNWIND, RUN, RUN, ROCK STEP, BACK, ¼ TURN STEP, LUNGE

- 1-2 Make ⅛ turn L stepping LF to L, touch R toes behind LF (12:00)
3-4& Unwind full turn R finishing with R leg over L, step RF fwd, step LF fwd (12:00)
5-6& Step RF fwd and raise up on toes, recover on LF, step RF back
7-8 Make ¼ turn L stepping LF to L, lunge RF to R (9:00)

Note Make an extra ¼ turn L as you recover on LF to restart to 6:00

Tag At the end of Wall 1 and 4

¼ STEP, ROCK, ¼ SIDE

- 1 Make ¼ turn L stepping on LF
2-3 Rock RF fwd, recover on LF
4 Make ¼ R stepping RF to R



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