



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCK SWEEP, SAILOR ¼, SIDE, TOUCH, SIDE, TOUCH, SIDE ROCK CROSS

- 1-2 Rock forward on R, Recover weight L, Sweeping R from front to back
3&4 Turn ¼ R stepping R behind L, Step L to L side, Step forward on R (3:00)
5&6& Step L to L side, Touch R next to L, Step R to R side, Touch L next to R
7&8 Rock L to L side, recover weight R, Cross L over R

SEC 2 ROLL FULL TURN R KNEE PUSH SHUFFLE, ROCK ¼ STEP, ¼ STEP HOOK, UNWIND ½

- 1-2 Turn ¼ R Stepping forward on R, Turn ½ R stepping back on L (12:00)
3&4 Turn ¼ R Stepping R to R open knees, step L beside R closed knees, Step R to R open knees (3:00)
5&6 Cross Rock L over R, Recover weight R, Turn ¼ L Stepping forward on L (12:00)
&7-8 Turn ¼ L Stepping R to R side, Hook L behind R, Unwind ½ L transferring weight onto L (3:00)

Restart Here on Wall 6, replace 7-8 with 2 ½ turn L

SEC 3 KNEE POPS, KICK-OUT-OUT, SHOULDER SWAYS, ¼ ROCK FLICK

- 1-2 Pop R knee forward as you finish the unwind, Transfer weight R popping L knee forward
3&4 Transfer weight L Kicking R forward, Step R back and out to R side, Step L to L side
5-6 Sway upper body R dipping R shoulder, Sway upper body L dipping L shoulder
7&8 Turn ¼ R Rock forward on R, Recover weight L, Step forward on R flicking L (6:00)

SEC 4 PRESS, HEEL BOUNCE ¼, SAILOR ¼, WALK, ¼ SIDE, SAILOR ¼

- 1&2 Press forward on L keeping weight split, Turn ¼ R while lifting heels up, drop heels down shifting weight L (6:00)
3&4 Turn ¼ R stepping R behind L, Step L to L side, Step forward on R (9:00)
5-6 Walk forward on L, Turn ¼ L Stepping R to R side
7&8 Turn ¼ L stepping L behind R, Step R to R side, Step forward on L (6:00)

Tag Once at the end of Walls 1 and 2 and Twice at the end of Wall 3

OUT-OUT, RISE, FALL, LEAN KNEE TWIST, SLIDE, COLLECT HITCH, RUN-RUN

- &1-2-3 Step R forward and to R side, Step L to L side, Rise up on balls of feet, Lower heels
4&5 Lean to L side twisting L knee Out to L side, twist L knee back to center, twist L knee out to L side
6-7 Recover weight R sliding L next to R, Collect weight L as you hitch R toward R diagonal
8& Run forward R, Run forward L

STEP, TWISTS HEELS, HITCH, BACK-TOUCH, BODY ROLL, BACK-TOUCH, UNWIND

- 1-2-3 Step forward on R, Twist heels out to R side, Twist heels back to center hitching R
4&5-6 Step back on R, Touch L behind, Body roll down sitting back onto L
&7-8 Step back on R, Touch L behind, Unwind ⅝ L Taking weight L sweeping R from back to front

