



Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, A, B, C, Tag, A, A, B, C, Tag, A-, B, C, C, B, C

Part A

SEC 1

WALK, WALK, 1/8 BALL CROSS, 1/8 STEP, FWD, PIVOT 1/2, SHUFFLE

- 1-2 Step right foot forward, Step left foot forward
&3-4 Step right foot to right side turning 1/8 left, Cross step left over right, Step right foot forward turning 1/8 right (12:00)
5-6 Step left forward, Pivot 1/2 turn right taking weight onto right foot (6:00)
7&8 Step left forward, Step right next to left, Step left forward

SEC 2

FWD, SPIRAL 7/8 TURN, SHUFFLE, ROCK, LOCK BACK

- 1-2 Step right forward, Slow spiral 7/8 turn left keeping weight on right (7:30)
3&4 Step left forward, Step right next to left, Step left forward
5-6 Rock right forward, Recover weight back on left
7&8 Step right back, Cross back left over right, Step right back

SEC 3

1/8 BACK, TOUCH, HOLD, BACK, TOUCH, BACK, TOUCH, 1/4 SIDE, POINT, ROLLING VINE

- &1-2 Make a 1/8 turn step left back to left diagonal, Touch right beside left, Hold (6:00)
&3&4 Step right back to right diagonal, Touch left beside right, Step left back to left diagonal, Touch right beside left
&5-6 Step right to right side turning 1/4 right, Point left toe to left side, Step onto left turning 1/4 turn left (6:00)
7-8 Step right back turning 1/2 left, Step left to side turning 1/4 left (9:00)

SEC 4

CROSS ROCK, CHASSE 1/4 TURN, FWD, PIVOT 1/2, SHUFFLE

- 1-2 Cross rock right over left, Recover weight back on left
3&4 Step right to right side, Step left beside right, Step right forward turning 1/4 right (12:00)
5-6 Step left forward, Pivot 1/2 turn right taking weight onto right (6:00)
7&8 Step left forward, Step right next to left, Step left forward

Note

On "A-" section make a 1/2 turn left on left after count 32 to start Part B facing front wall

Part B

SEC 1

SIDE ROCK, CROSS CHASSE, SIDE ROCK, CROSS CHASSE

- 1-2 Rock right to right side whilst scooping right hand down & up, Recover weight onto left
3&4 Cross right over left, Step left to left side, Cross right over left
5-6 Rock left to left side flicking left index finger to left whilst looking left, Recover weight onto right
7&8 Cross left over right, Step right to right side, Cross left over right

SEC 2

ROCK, SHUFFLE 1/2 TURN, 1 1/4 TURN, TOUCH CLAP

- 1-2 Rock right forward, Recover weight back on left
3&4 Step right to right side turning 1/4 right, Step left beside right, Step right forward turning 1/4 right (6:00)
5 Step left back turning 1/2 right picking right foot up off the ground (12:00)
6 Step right forward turning 1/2 right picking left foot up off the ground (6:00)
7-8 Step left to left side turning 1/4 right, Touch right beside left & clap (9:00)



Feel Good Friday

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Part C

SEC 1 SIDE, TRANSFER WEIGHT X3, SIDE, CROSS, SIDE, CROSS

- 1 Step right to right side raising right hand up with palm facing down towards (12:00)
- 2 Recover weight onto left leaving hand in place (look up at right hand) (9:00)
- 3-4 Recover weight onto right leaving hand in place, Recover weight onto left bring right hand down (9:00)
- 5 Step right to right side throwing both hands up towards (12:00)
- 6 Cross/step left over right bringing both hands down and across lower body (9:00)
- 7 Step right to right side throwing both hands up towards (12:00)
- 8 Cross/step left over right bringing both hands down and across lower body (9:00)

SEC 2 SIDE ROCK, ¼ RECOVER, FULL TURN, WALK X4

- 1 Rock/step right to right side whilst reaching right arm directly out in front of you with palm facing left
- 2 Recover weight onto left turning ¼ left replacing right arm to original position (6:00)
- 3-4 Step right back turning ½ left, Step left forward turning ½ left (6:00)
- 5-8 Walk forward right, Walk forward left
- 7-8 Walk forward right, Walk forward left

Arms 5-8 Both arms will rise slowly in front of body on walks)

SEC 3 SIDE, TOUCH HEEL, HOLD, BALL, CROSS, SIDE, ROCK BACK, SHUFFLE R

- &1-2 Step right to right side, Touch left heel to left diagonal, Hold
- &3-4 Step left beside right, Cross/step right over left, Step left to left side
- 5-6 Rock/step right back turning ⅛ right, Recover weight onto left (7:30)
- 7&8 Step right forward, Step left beside right, Step right forward

SEC 4 FWD, TOUCH ¼, STEP, TOUCH, SIDE ROCK, ¼ RECOVER, FULL TURN

- 1-2 Step left forward, Make a ¼ turn right touching right toe to right diagonal with toe turned out (10:30)
- 3-4 Step onto right, Touch left toe to left diagonal with toe turned out
- 5-6 Rock/step left to left whilst looking to left side, Recover weight onto right turning ¼ right (1:30)
- 7-8 Step left back turning ½ right, Step right forward turning ½ left (1:30)

SEC 5 LOCK FWD, FWD, PIVOT ¼, FWD, PIVOT ⅜, FWD, PIVOT ½ TURN

- 1&2 Step left forward, Lock/step right behind left, Step left forward
- 3-4 Step right forward, Pivot ¼ turn left whilst circling hips counter-clockwise taking weight onto left (10:30)
- 5-6 Step right forward, Pivot ⅜ turn left whilst circling hips counter-clockwise taking weight onto left (6:00)
- 7-8 Step right forward, Pivot ½ turn left taking weight onto left (12:00)

Note After the 3rd Part C, make a ¼ turn left stepping right to right side to continue count 1 of the 4th C

Tag

ROCK, SHUFFLE ½ TURN, ROCK, SHUFFLE ½ TURN

- 1-2 Rock/step right forward, Recover weight onto left (12:00)
- 3&4 Step right to right side turning ¼ right, Step left beside right, Step right forward turning ¼ right (6:00)
- 5-6 Rock/step left forward, Recover weight onto right (6:00)
- 7&8 Step left to left side turning ¼ left, Step right beside left, Step left forward turning ¼ left (12:00)

