



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE HIP BUMP, HOLD, HIP BUMP, HOLD, ¼ STEP, ¼ SIDE, ⅛ BACK ROCK

- 1-2 Step R to R side as you push R hip out to R side, hold
3-4 Push L hip out to L side, hold
5-6 Make ¼ turn R as you step R slightly fwd, make ¼ turn R stepping L to L side (6:00)
7-8 Make ⅛ turn R as you rock R back, recover weight fwd onto L (7:30)

SEC 2 STEP DRAG, STEP DRAG, ROCK, ⅛ COASTER CROSS

- 1-2 Take large step fwd on R as you drag L fwd towards R over 2 counts
3-4 Take large step fwd on L as you drag R fwd towards L over 2 counts
5-6 Rock R fwd, recover back onto L
7&8 Step R back, make ⅛ turn L as you step L to L side, cross R over L (6:00)

SEC 3 SIDE, HOLD, TOGETHER, SIDE, TOUCH, ¼ STEP, ¼ SIDE, CROSS BEHIND, HOLD

- 1-2 Step L to L side, hold
&3-4 Step R together, step L to L side, touch R beside L
5-6 Make ¼ turn R stepping R fwd, Make ¼ turn R stepping L to L side (12:00)
7-8 Cross R behind L, hold

SEC 4 SIDE, CROSS, HOLD, SIDE ROCK, CROSS, SIDE, ⅛ SAILOR

- &1-2 Step L to L side, cross R over L, hold
3-4 Rock L out to L side, recover weight onto R
5-6 Cross L over R, step R to R side
7&8 Make ⅛ turn L cross L behind R, step R slightly to R, step L slightly fwd (10:30)

SEC 5 STEP SWEEP, STEP SWEEP, ROCK FORWARD, FULL TURN BACK

- 1-2 Step R fwd as you sweep L from back to front over 2 counts
3-4 Step L fwd as you sweep L from back to front over 2 counts
5-6 Rock R fwd, recover weight onto L
7-8 Make ½ turn R stepping R fwd, make ½ turn R stepping L back (10:30)

SEC 6 BACK SWEEP, BACK SWEEP, BACK ROCK, ⅛ STEP, LOCK

- 1-2 Step R back as you sweep L from front to back over 2 counts
3-4 Step L back as you sweep L from back to front over 2 counts
5-6 Rock R back, recover forward onto L (10:30)
7-8 Make ⅛ R as you step R fwd into R diagonal, lock L behind R (9:00)

Head Over Feet
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Head Over Feet

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SEC 7 STEP, STEP, LOCK, STEP, PIVOT ½, STEP, HOLD

- 1-2 Step R fwd into R diagonal, step L into L diagonal
- 3-4 Lock R behind L, step L into L diagonal
- 5-6 Step R fwd, pivot ½ turn over L (3:00)
- 7-8 Step R fwd, hold

SEC 8 SHUFFLE, ROCK, ¼ TURN, CROSS

- 1&2 Step L fwd, step R together, step L fwd
- 3-4 Rock R fwd, recover back onto L
- 5-6 Make ½ turn R stepping R fwd, make ½ turn R stepping L back (3:00)
- 7-8 Make ¼ turn R stepping R to R side, cross L over R (6:00)

