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32 Count 2 Wall Absolute Beginner Level Dance.
Choreographed by: Ken McMillin (USA) Mar 2025
Choreographed to: Chains by Patty Loveless
Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCK, SHUFFLE BACK, ROCK BACK, SHUFFLE FWD

1-2 R rock fwd, recover to L
3&4 Step R back, L close to R, step R back
5-6 L Rock back, recover to R
7&8 Step L fwd, R close to L, step L fwd

SEC 2 POINT FRONT, SIDE, SAILOR, POINT FRONT, SIDE SAILOR

1-2 R point front, R point side
3&4 Step R behind, L close to R, step R fwd
5-6 L point front, L point side
7&8 Step L behind R, R close to L, step L fwd

SEC 3 ¼ PADDLE TURN, ¼ PADDLE TURN, JAZZ BOX

1-2 Step R fwd turn ¼ L, recover on L (9:00)
3-4 Step R fwd turn ¼ L, recover on L (6:00)
5-6 R cross over L, step L back
7-8 Step R to R side, L close to R

SEC 4 SIDE, CLOSE, CHASSE, SIDE, CLOSE, CHASSE

1-2 Step R to R side, L close to R
3&4 Step R to R side, L close to R, step R to R side
5-6 Step L to L side, R close to L
7&8 Step L to L side, R close to L, step L to L side