



Cabin Fever

32 Count 4 Wall Absolute Beginner Level Dance.
Choreographed by: Sharon Fromow (CAN) Feb 2025
Choreographed to: Cabin Fever by Alluring Inigma
Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 POINT, TOUCH, POINT, FLICK, GRAPEVINE TOUCH

- 1-2 Point R foot to R side, Touch R toe beside L
- 3-4 Point R foot to R side, Flick R foot behind L
- 5-6 Step R to R side, Step L behind R
- 7-8 Step R to R side, Touch L beside R

SEC 2 POINT, TOUCH, POINT, FLICK, GRAPEVINE ¼ BRUSH

- 1-2 Point L foot to L side, Touch L toe beside R
- 3-4 Point L foot to L side, Flick L foot behind R
- 5-6 Step L to L side, Step R behind L
- 7-8 Make ¼ turn L stepping forward on L, Brush R foot forward (9:00)

SEC 3 STEP, BRUSH, STEP, BRUSH, MAMBO, KICK

- 1-2 Step forward R foot, Brush L forward
- 3-4 Step forward L foot, Brush R forward
- 5-6 Rock forward on R, Recover weight on L
- 7-8 Step back on R, Kick L foot forward

SEC 4 BACK, KICK, BACK, TOGETHER, STEP, STEP TOGETHER, HEEL SPLITS

- 1-2 Step back on L, Kick R foot forward
- 3-4 Step back on R, Step L foot beside R
- 5-6 Step R foot forward, Step L foot beside R
- 7-8 On balls of both feet split heels apart, Bring heels back to centre