



Mopin' Around

32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Shelli Blake (USA) Feb 2025
Choreographed to: Mopin' Around by Trevor McSpadden
Intro: 32 Counts. Start at approx 14 secs.

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SEC 1 SIDE SHUFFLE, BACK ROCK, SIDE SHUFFLE, BACK ROCK

- 1&2 Step R foot to R side, step L foot next to R foot, step R foot to R side
- 3-4 Rock back L foot, recover on R foot
- 5&6 Step L foot to L side, step R foot next to L foot, step L foot to L side
- 7-8 Rock back R foot, recover on L foot

SEC 2 STEP, POINT, STEP, POINT, ROCK, ½ STEP, STEP

- 1-2 Step forward R foot, point L foot to L side
- 3-4 Step forward L foot, point R foot to R side
- 5-6 Rock forward R foot, recover on L foot
- 7-8 Step R foot into ½ turn R, step L foot next to R foot (6:00)

SEC 3 SWIVEL HEELS, CLAP, SWIVEL HEELS, CLAP, SWIVEL HEELS, CLAP

- 1-3 Swivel heels to L, swivel heels to R, swivel heels to L
- 4 Hold and clap both hands together
- 5-6 Swivel heels to R, hold and clap both hands together
- 7-8 Swivel heels to center, hold and clap both hands together

SEC 4 ROCKING CHAIR, STEP, PIVOT ¼ TURN, STEP, PIVOT ½ TURN

- 1-2 Rock forward R foot, recover on L foot
- 3-4 Rock back R foot, recover on L foot
- 5-6 Step forward R foot, pivot ¼ turn L (weight stays L) (3:00)
- 7-8 Step forward R foot, pivot ½ turn L (weight stays L) (9:00)

Ending After 12 counts of Wall 12

- 5-6 Step back R foot, step L foot into ¼ turn L
- 7 Touch R foot next to L foot, and smile