



---

**Remember to Vote** for your favourite dances in the Linedancer Charts.

**SEC 1 ROCK STEP, BEHIND-SIDE-CROSS, SIDE STEP, SAILOR STEP, STEP BEHIND**

- 1-2 Rock right to right diagonal, recover weight back to left  
3&4 Step right behind left, step left to left side, step right across left  
5-6 Take a big step to left with left, slide right next to left  
7&8& Step right behind left, step left next to right, step right to right diagonal, step left behind right

**SEC 2 ½ UNWIND, ROCK FORWARD, BACK ¼ SWEEP, SAILOR STEP**

- 1-2 Unwind ½ to left for 2 counts (weight ends up on left) (6:00)  
3-4 Rock right forward, recover weight back to left  
5-6 Step right back turn ¼ left sweep with left foot over 2 counts (3:00)  
7&8 Step left behind right, step right next to left, step left to left diagonal

**SEC 3 PONY STEPS BACK, OUT, OUT, IN, CROSS, ½ UNWIND**

- 1&2 Rock right back, recover weight back to left, rock weight back to right  
3&4 Rock left back, recover weight back to right, rock weight back to left  
5&6& Step right out, step left out, step right in place, step left across right  
7-8 Unwind ½ turn right (weight ends up on left) (9:00)

**SEC 4 PONY STEPS BACK, KICK & TOUCHES**

- 1&2 Rock right back, recover weight back to left, rock weight back to right  
3&4 Rock left back, recover weight back to right, rock weight back to left  
5&6& Kick right forward, step right next to left, touch left to left side, step left next to right  
7-8 Touch right to right side, hold

**Tag 1** At the end of Walls 1 and 3

**PONY STEPS BACK, OUT, OUT, IN, CROSS, ½ UNWIND**

- 1&2 Rock right back, recover weight back to left, rock weight back to right  
3&4 Rock left back, recover weight back to right, rock weight back to left  
5&6& Step right out, step left out, step right in place, step left across right  
7-8 Unwind ½ turn right (weight ends up on left)

**PONY STEPS BACK, KICK & TOUCHES**

- 1&2 Rock right back, recover weight back to left, rock weight back to right  
3&4 Rock left back, recover weight back to right, rock weight back to left  
5&6& Kick right forward, step right next to left, touch left to left side, step left next to right  
7-8 Touch right to right side, hold

## Conro's Therapy

Continued... Page 2 of 2

**Tag 2** At the end of Wall 2  
**ROCK STEP, BEHIND-SIDE-CROSS, ROCK STEP, BEHIND-SIDE-CROSS**

1-2 Rock right to right side, recover weight back to left

3&4 Step right behind left, step left to left side, step right across left

5-6 Rock left to left side, recover weight back to right

7&8 Step left behind right, step right to right side, step left across right

**Tag 3** At the end of Wall 5  
**STEP OUT, OUT, IN, IN**

1-2 Step right foot out, step left foot out

3-4 Step right foot back in place, step left foot next to right

**Ending** After 2 counts of Wall 8, ¼ left turning sailor touch, out-out-in-in

