

Hands On Me



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com.

CTED CWEED WEAVE CWEED DELIND CIDE

32 Count 4 Wall Beginner Level Dance.

Choreographed by: Willie Brown (UK) Oct 2023

Choreographed to: Hands On Me by Jason Derulo feat Meghan Trainor

Intro: 32 Counts. Start at approx 20 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	STEP, SWEEP, WEAVE, SWEEP, BEHIND, SIDE
1-2	Step forward on Right, sweep Left from back to front
3-4	Cross Left over Right, step Right to Right side
5-6	Cross Left behind Right, sweep Right from front to back
7-8	Cross Right behind Left, step Left to Left side
SEC 2	STEP, KICK, BACK-SIDE- 1/4 TURN, KICK, COASTER STEP
1-2	Turning 1/2 Left to Left diagonal step forward on Right, kick Left forward (10:30)
3-4	Step back on Left, squaring up to front wall step Right to Right side
5-6	Turning 1/4 Right to Right diagonal step forward on Left, kick Right forward (12:00)
7-8	Step back on Right, squaring up to front wall close Left beside Right
1	Step forward on Right
SEC 3	HOLD, ¼ PIVOT CROSS, HOLD, SIDE, BEHIND
2	Hold 1 count
3-4	Step forward on Left, pivot ¼ Right taking weight on Right (3
5-6	Cross Left over Right, hold 1 count
7-8	Step Right to Right side, cross Left behind Right
Option	Rolling Vine
7	Turn 1/4 Left and step back on Right
8	Turn ½ Left and step forward on Left
1	Turn 1/4 Left and step Right to Right side
SEC 4	SIDE, DRAG, BACK ROCK, SWAY, HOLD, SWAY X2
1-2	Step Right to Right side, drag Left towards Right
3-4	Rock back on Left, recover weight on Right
5-6	Stepping Left to Left side sway hips to Left, hold 1 count
7-8	Swap hips to Right, sway hips to Left

