

## Choke



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 4 Wall Phrased Intermediate Level Dance.
Choreographed by: Rhoda Lai (CAN) Jun 2023
Choreographed to: Choke by Royal & The Serpent
Intro: 8 Counts. Start at approx 5 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, A, B, A, A, B, A, A (27 Counts), Ending

Part A SEC 1 1-2-3 4&5 6-7 8&	SCISSORS STEP, SIDE ROCK CROSS, FORWARD ROCK, BACK LOCK Step R to R side, step L beside R, cross R over L Rock L to L side, recover onto R, cross L over R  1/8 R Rock forward R, recover onto L (1:30) Step back R, lock L over R
<b>SEC 2</b> 1-2-3 4&5 6&7& 8	BACK, ½, ¾, CROSS SHUFFLE, "E" BUMPS ¼ Step back R, ½ L stepping forward L, ¾ L stepping R to R side (3:00) Cross L over R, step R to R side, cross L over R Lift R hip up and to the R, return to center, bump R hip to R leveling with L hip, return to center ¼ L bumping R hip and sitting onto R while popping L knee
SEC 3 1-2 3&4 5-6 7&8	WALK WALK, LOCK SHUFFLE, FORWARD ROCK, RECOVER-SWEEP, SAILOR ¼ Walk forward L, walk forward R Step forward L, step R behind L, step forward L Rock forward R, recover onto L sweeping R from front to back ¼ R stepping R behind L, step L to L side, step R to R side (3:00)
SEC 4 1-2 3&4 5&6 &7&8	CROSS, ¼, ¼ SIDE CHASSE, KICK OUT OUT IN IN, KNEE POPS  Cross L over R, ¼ L stepping back R (12:00)  ¼ L stepping L to L side, step R beside L, step L to L side (9:00)  Kick R forward, step R out to R side, step L out to L side  Step R in towards L, step L beside R, raise both heels, drop heels ending weight on L
Part B SEC 1 1-2-3 Option 4& 5-6 7-8	FORWARD, HITCH, BACK, BACK ROCK, PIVOT ½, PIVOT ¼  Step R forward, bend R knee while hitching L and bringing L foot behind R shin, step L back (6:00)  Pretend to grab your neck with both hands to match the word 'choke' in the lyrics  Rock back R, recover onto L  Step forward R, pivot ½ L  Step forward R, pivot ¼ L (9:00)

Choke

Continues... Page 1 of 2



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.

Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com

kingshilldanceholidays.com crystalbootawards.com

Last Updated: 17/10/2023 16:46:49

## Choke

Continued... Page 2 of 2

SEC 2	SIDE, FLICK, SIDE, BACK ROCK, ¼, PIVOT ½, STEP FORWARD
1-2-3	Step R to R side, flick L behind R, step L in place
Option	Pretend to grab your neck with both hands tilting upper torso to R to match the word 'choke' in the lyrics
4&5	Rock back R, recover onto L, ¼ R stepping forward R (12:00)
6-7-8	Step forward L, pivot ½ R, step forward L (6:00)
SEC 3	DOROTHY, DOROTHY, FORWARD ROCK
1-2&	Step R to R diagonal, step L behind R, step forward R
3-4&	Step L to L diagonal, step R behind L, step forward L
5-6&	Step R to R diagonal, step L behind R, step forward R
7-8	Rock forward L, recover onto R
SEC 4	SHUFFLE ½, PIVOT ¼, JAZZ BOX
1&2	1/4 L stepping forward L, step R beside L, 1/4 L stepping forward L (12:00)
3-4	Step forward R, pivot 1/4 L (9:00)
5-6	Cross R over L, step back L
7-8	Step R to R side, cross L over R
-	
Ending	During Section 2 of the last A, slow down in footwork when the music slows down,
	After count 27, pretend to grab your neck with both hands to match the word 'choke' in the lyrics (12:00)

