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Pick Up The Phone

32 Count 4 Wall Improver Level Dance. Choreographed by: Emil Langdal Torstad (NOR) Oct 2023 Choreographed to: Pick Up The Phone by Henry Moodie Intro: 4 Counts. Start at approx 3 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 WALK, WALK, MAMBO-STEP, BACK-SWEEP, BACK-SWEEP, SAILOR STEP ¼ TURN

- 1-2 Step RF fwd, step LF fwd
- 3&4 Step RF fwd, recover weight back on LF, step RF together
- 5-6 Step LF back sweep RF from front to back, Step RF back sweep LF from front to back
- 7&8 Turn 1/8 L step LF back, turn 1/8 L step RF to RF, step LF diag L fwd (9:00)

SEC 2 DOROTHY STEP, DOROTHY STEP, STEP, PIVOT ½, FULL TURN FORWARD

- 1-2& Step RF diag R fwd, step LF together, Step RF diag R fwd
- 3-4& Step LF diag L fwd, step RF together, Step LF diag L fwd
- 5-6 Step RF fwd, turn ½ L change weight to LF (3:00)
- 7-8 Turn ½ L step RF back, turn ½ L step LF fwd (3:00)
- Restart Here on Walls 2 and 5

SEC 3 CROSS, SIDE, SAILOR HEEL, BALL-CROSS, SIDE, BEHIND-SIDE-CROSS

- 1-2 Step RF in front of LF, step LF to L
- 3&4 Step RF behind LF, step LF to L, touch R Heel fwd on R diag
- &5-6 Step RF beside LF, step LF in front of RF, step RF to R
- 7&8 Step LF behind RF, step RF to R, Step LF in front of RF

SEC 4 SIDE, TOGETHER, CROSS SHUFFLE, ROCK-RECOVER, SAILOR STEP 1/2 TURN

- 1-2 Step RF to R, step LF together
- 3&4 Step RF in front of LF, step LF to L, step RF in front of LF
- 5-6 Step LF to L, recover weight back on RF
- 7&8 Turn ¼ L step LF back, turn ¼ L step RF to RF, step LF diag L fwd (9:00)

