90 Days
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32 Count 2 Wall High Intermediate Level Dance. Choreographed by: Dustin Betts (USA) May 2022 Choreographed to: 90 Days by Pink feat Wrabel Intro: 16 Counts. Start at approx 14 secs

Remember to Vote for your favourite dances in the Linedancer Charts.

## SEC 1 CROSS, SIDE, TOGETHER, CROSS, $3 / 4,1 / 2$ CHASE TURN, RUN X3, BACK, BACK

1\&2\& Cross R over L, Step L to left side, Bring R next to L, Cross L over R
3-4\& Make $3 / 4$ over left shoulder stepping R back, Step L fwd, Make $1 / 2$ left bringing R next to $L(9: 00)$
5-6\&7 Step L fwd, Step R fwd, Step L fwd, Step R next to L
8\& Step L back, Step R back

SEC $21 / 4$ SWAY, SWAY X2, $1 / 8$, CROSS, $1 / 4,1 / 4$ BACK ROCK, RUN X2, FULL SPRIAL, RUN X2
1-2\& Make $1 / 4$ left stepping $L$ to left side swaying upper body left, Sway right, Sway left ( $6: 00$ )
3-4\& Recover onto R making $1 / 8$ turn right, Cross L over R, Make $1 / 4$ turn left stepping $R$ back (4:30)
5-6\& Make $1 / 4$ turn left rocking L back, Recover fwd onto R, Step L fwd (1:30)

Restart Here on Wall 2\&6, Add the following then restart
7-8 Step fwd onto R making 5 spiral over $L$ shoulder, Step L to L side (6:00)

7-8\& Step fwd onto R making full spiral turn left hooking L, Step L fwd, Step R fwd, (1:30)
SEC 3 CROSS ROCK, SIDE ROCK, SWEEP, BEHIND-SIDE, STEP-HITCH, PRESS, SWEEP, BEHIND, $1 / 8$
1\&2\& Cross rock L over R, Recover onto R, Rock L to left side, Recover onto R (12:00)
3-4\& Step L back sweeping R front to back, Cross R behind L, Step L to left side
5-6 Step R fwd hitching L, Press weight of L fwd
7-8\& Recover back onto $R$ sweeping L front to back, Cross L behind R, Make $1 / 8$ turn right stepping R fwd (1:30)

SEC $4 \quad 3 / 8$ PIVOT, CROSS, $1 ⁄ 4,1 / 4,1 / 4$ FLICK, STEP FWD, $1 ⁄ 2$ PIVOT, $3 / 4$, SIDE
1-2 Step L fwd, Pivot $3 / 8$ right taking weight onto $R(6: 00)$
3\&4 Cross L over R, Make $1 / 4$ turn left stepping back on R, Make $1 / 4$ turn left stepping $L$ to left side (12:00)
\&5-6 Make $1 / 4$ turn left raising on ball of left flicking $R$ back, Step $R$ next to $L$, Pivot $1 / 2$ left taking weight fwd onto $L$ ( $9: 00$ )
7-8 Make $1 / 2$ turn left stepping fwd onto $R$, Make $1 / 4$ turn left stepping $L$ to left side (6:00)

Tag At the end of Wall 3
SWAY, SWAY
1-2 Sway to right, Sway to left

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