

Only The Lonely



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Choreographed by: Brenda Shatto (USA) & Barbara Tobin (USA) Jul 2023

Choreographed to: Only The Lonely by The Motels

Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 1-2 3-4 5-6-7 8	STEP, HOLD, ½ PIVOT, STEP, CLOSE, STEP, HOLD Step R forward, hold Step L forward, ½ right pivot (weight on R) (6:00) Step L forward, close R, step L forward Hold
SEC 2 1-2 3-4	1/2 TURN SWEEP, BEHIND SIDE, CROSS ROCK, RECOVER, SIDE, HITCH WITH BODY TWIST Turn 1/2 left stepping R back, sweep L from front to back (12:00) Cross L behind R, step R to right
Restart 3-4	Here on Wall 10, change count 3-4 to the following then restart Continue to sweep L from front to back, step L behind R
5-6 7-8	Cross rock L over R, recover R Step L to left, hitch R knee and twist upper body slightly to right
Restart	Here on Wall 3
SEC 3 1&2 3&4 5-6 7-8	¼ CROSS SHUFFLE, ¼ TURN ARC SHUFFLE, ROCKING CHAIR Cross R over L, step L to left, ¼ left turn step R forward (9:00) ¼ left turn step L forward, close R, step L (6:00) Rock R forward, recover L Rock R back, recover L
SEC 4 1&2 3-4 5&6 7-8	1/2 TURN BACK SHUFFLE, ROCK RECOVER, 1/4 TURN CHASSE, ROCK RECOVER 1/4 left turn step R to right, close L, 1/4 left turn step R back (12:00) Rock L back, recover R 1/4 right turn step L to left, close R, step L to left (3:00) Rock R back, recover L
Ending	After 24 counts of Wall 12 3/4 TURN
1-2	½ turn left step R back, ¼ turn left step L to side

