

## F.O.M.O



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Choreographed by: Kelly Cavallaro (USA) May 2023
Choreographed to: Fear Of Missing Out (F.O.M.O) by Alex Smith
Intro: 32 Counts. Start at approx 14 secs.

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<b>SEC 1</b> 1&2 3-4 5&6 7-8	SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE ¼ TURN, ROCK RECOVER Shuffle R,L,R to R Rock L back, recover on R Shuffle L,R,L to L while making a ¼ turn to R (3:00) Rock R forward, recover on L
<b>SEC 2</b> 1-2 3-4 5-6 7&8	STEP POINT X2, TOUCH FORWARD, TOUCH SIDE, TURNING SAILOR Step R forward, touch L out to L Step L forward, touch R out to R Touch R forward, touch R to R Sailor step R,L,R making a 1/4 turn to R (6:00)
SEC 3 1-2 3-4 5&6 7&8	KICK FORWARD, KICK BACK, ½ TURN HITCH, STEP, SHUFFLE FORWARD X2 Kick L forward, kick L back Hitch L while making ½ turn to L, step on L (12:00) Shuffle forward R,L,R Shuffle forward L,R,L
<b>SEC 4</b> 1-2 3-4 5-6 7-8	ROCK RECOVER, 1½ TURN, KICK X2 Rock R forward, recover on L Step R making ½ turn to R, step L making ½ turn to R (12:00) Step R making ½ turn to R, step L (6:00) Kick R forward twice
<b>SEC 5</b> 1-2 3-4 5&6 7&8	STEP, SLIDE, HEEL BOUNCES X2, SHUFFLE FORWARD X2 Step back making ¼ turn to R (7:30) Bounce heels x2 (weight ends on L) Shuffle forward R,L,R Shuffle forward L,R,L
SEC 6 1-2 3&4 5-6 7&8 Note	1/2 TURN PIVOT, SHUFFLE W/ 1/2 TURN, ROCK RECOVER, SHUFFLE FORWARD  Step forward R, make 1/2 turn over L shoulder stepping on L (1:30)  Shuffle forward R,L,R while making a 1/2 turn to L over L shoulder (7:30)  Rock L back, recover forward on R  Shuffle forward L,R,L  Make 1/8 turn to L squaring up to restart the dance
<b>Tag</b> 1-2 3-4	At the end of Walls 1 and 4  JAZZ BOX  Cross R over L, step L back  Step R to R, step L forward

