

Rise!



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Choreographed by: Mathew Sinyard (UK) May 2023
Choreographed to: Rise (Sam Feldt Remix) by Calum Scott, Sam Feldt

Intro: 32 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	STEP LOCK, STEP LOCK STEP, ROCK RECOVER, ½, ¼
1-2	Step forward on right, lock left behind right
3&4	Step forward on right, lock left behind right, step forward on right
Styling	On Walls 3, 4 and 8, Slowly raise right arm
5-6	Rock forward on left, recover on to right
7-8	½ turn left stepping forward on left, ¼ turn left stepping right to side
SEC 2	BACK SWEEP, BEHIND SIDE CROSS SHUFFLE, SIDE ROCK RECOVER
1-2	Step back on left, sweep right from front to back
3-4	Cross right behind left, step left to side
5&6	Cross right over left, step left to side, cross right over left
7-8	Rock left to side, recover on to right
SEC 3	BEHIND HOLD, BALL CROSS SIDE, BACK ROCK RECOVER, KICK BALL CROSS
1-2	Cross left behind right, hold
&3-4	Step ball of right to side, cross left over right, step right to side
5-6	Rock back on left, recover on to right
7&8	Kick left to left diagonal, step ball of left beside right, cross right in front of left
SEC 4	STOMP HOLD, SAILOR STEP, SAILOR 1/4, STEP PIVOT 1/2
1-2	Stomp left to side, hold
3&4	Cross right behind left, step left to side, step right to side
5&6	Cross left behind right, step right to right side, ¼ turn left stepping forward left
Styling	On Walls 2, 7 and 9, Tap your right hand over heart
7-8	Step forward on right, pivot ½ turn left (weight ending on left
Ending	At the end of wall 9, make a ½ turn left stepping back on right whilst raising right arm up high

