

Just A Notion



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 4 Wall Improver Level Dance.

Choreographed by: Gregory Huff (USA) May 2023

Choreographed to: Just A Notion by Abba
Intro: 24 Counts. Start at approx 11 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1&2 3-4 5&6 7-8	LINDY, LINDY Step right foot to the right, step left next to right, step right foot to the right Rock back as you cross your left foot behind your right, rock forward on your right foot Step left foot to the left, step right next to left, step left foot to the left Rock back as you cross your right foot behind your left, rock forward on your left foot
SEC 2 1-2 3-4 5-6 7&8	ROCKING CHAIR, WALK, WALK, SHUFFLE Rock forward as you step your right foot forward, rock back on your left foot Rock backward as you step your right foot backward, rock forward on your left foot Step forward right, left Step right foot forward, step left foot next to right, step right foot forward
SEC 3 1-2 3-4 5-8	TOUCH, HOLD, CROSS, HOLD, BOUNCE ½ TURN Touch left toe to the left side, hold Cross left toe in front of right foot, hold On the ball of each foot, for 4 counts bounce your heels as you slightly turn a ½ turn right (6:00)
Restart	Here on Wall 6, Dance the Tag then Restart
SEC 4 1-2 Arms 3-4 Arms 5-6 7-8	Step Touch, Step Touch, Step Touch Clap, Step Touch Clap Step your right foot to the right, touch left next to right Wave your arms to the right above your head Step your left foot to the left, touch right next to left Wave your arms to the left above your head Clap as you step your right foot to the right, clap as you touch your left foot next to right Clap as you step your left foot to the left, clap as your touch your right foot next to left
SEC 5 1-2 3-4 5-6 7-8	GRAPEVINE, ¼ TURN GRAPEVINE Step right foot to the right, cross left foot behind right Step right foot to the right, touch left next to right Step left foot ¼ turn to the left, cross right behind left (3:00) Step left foot to the left, touch right next to left

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SEC 6	1/4 TURN GRAPEVINE, 1/4 TURN GRAPEVINE
1-2	Step right foot ¼ turn to the right, cross left behind right (6:00)
3-4	Step right foot to the right, touch left foot next to right
5-6	Step left foot ¼ turn left, cross right behind left (3:00)
7-8	Step left foot to the left, hold
SEC 7	JAZZ BOX ¼ TURN X2
1-2	Cross right foot over left, step left foot backward
3-4	Step right foot ¼ turn right, step left next to right (6:00)
5-6	Cross right foot over left, step left foot backward
7-8	Step right foot ¼ turn right, step left next to right (9:00)
SEC 8	HIP BUMPS X4, STEP TOE, STEP KICK
1-4	Step right foot to the right as you bump your hip to the right, bump hips left, right, left
5-6	Step right foot forward, touch left toe on the floor behind you
7-8	Step left foot forward, kick right foot forward
Tag	After 24 counts of Wall 6
1-4	Cross hands over chest and bump your hips right, left, right, left, drop arms

