



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SYNCOPATED JAZZ BOX, CROSS SHUFFLE, STEP-FLICK-LOOK, SLOW CROSS SHUFFLE

- 1-2& Cross left over right, step right back, step left to left side
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step left to left side, flick right toe behind left (look left and swing both arms to the left)
7-8-1 Step right to right side, cross left over right, step right to right side

SEC 2 SAILOR ¼ TURN, WALK KICK OUT OUT, HIP BUMPS

- 2&3 Cross left behind right, making ¼ turn left step right beside left, step left in place (9:00)
4 Step forward right
5&6 Kick left forward, step left out and to left side, step right out to right side
7&8 Bump hips - left, right, left

SEC 3 CROSS-BACK-SIDE, CROSS-¼-¼ - PIVOT ½ TURN, LOCKSTEP

- 1-2& Cross right over left, step back left, step right to right side
3-4& Cross left over right, ¼ turn left stepping back right, ¼ turn left stepping forward left (3:00)
5-6 Step forward right, pivot ½ turn left (9:00)
7&8 Step forward right, lock left behind right, step forward right

SEC 4 ROCK RECOVER, ½ TURN, ROCK RECOVER, ¼ TURN, FULL TURN

- 1-2-3 Rock forward left, recover right, ½ turn left stepping forward left (3:00)
4-5-6 Rock forward right, recover left, ¼ turn right stepping forward right (6:00)
7-8 ½ turn right stepping back on left, ½ turn right stepping forward right

SEC 5 HEEL GRIND, BALLCROSS-KICKCLICK, BALLCROSS-¼ HITCHCLICK, OUT-OUT/IN-IN STEP

- 1-2 Touch left heel forward grinding left heel from right to left, step right to right side
&3-4 Step left beside right, cross right over left, low kick left toe to left diagonal
Arms Start this motion with the palm of your hand against the outside of each matching thigh
As you low kick on count 4, lift your right shoulder & lower the left as you click your fingers to the ground
&5-6 Step left beside right, cross right over left, ¼ turn left as you hitch the left (3:00)
Arms As you ¼ hitch on count 6, throw your arms out to the sides at waist height
palms are facing upwards and click you fingers
&7&8& Step left out, step right out, step left back and in, step right beside left, step forward left

SEC 6 PIVOT ½ TURN, LOCKSTEP ½ TURN, CAMEL WALKS BACK, COASTER STEP

- 1-2 Step forward right, pivot ½ turn left (weight left) (9:00)
3&4 ¼ turn left stepping right to right side, lock left over right, ¼ turn left step back right (3:00)
5-6 Step back left and pop right knee, step back right and pop left knee
7&8 Step back left, step right beside left, step forward left

Disco Down
Continues... Page 1 of 2



Disco Down

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SEC 7 STEP-PIVOT ¼ TURN, SWIVET-CROSS-SIDE, SWIVET-CROSS-TOUCH

- 1-2 Step forward right, ¼ pivot left (12:00)
- &3 Weight on right heel and left toe, swivel both toes to right, return feet to centre
- 4-5 Cross left over right, step right to right side, weight on right heel and left toe
- &6 Swivel both toes to right, return feet to centre
- 7-8 Cross left over right, touch right toe to right side

SEC 8 MONTERY, SIDE-MAMBO CROSS, STEP-ROCK RECOVER, SIDE-TOUCH UNWIND ½ TURN

- 1 Full turn right stepping right next to left (weight right) (12:00)
- 2&3 Rock left to left side, recover right, cross left over right
- 4-5-6 Step right to right side, rock left behind right, recover right
- &7-8 Small step left to left side, touch right toe behind left, unwind ½ turn right (weight right) (6:00)

Tag At the end of Wall 4

OUT, OUT, DISCO CLICK

- 1-2 Step left out, step right out (keeping weight right)
- 3 Reach both arms forward while pushing your bum out
- 4 Pull arms inwards either side of hips while pushing your bottom in & click fingers

