

## **Out Of My Head**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 2 Wall High Intermediate Level Dance. Choreographed by: Niels Poulsen (DK) Apr 2023 Choreographed to: I Swear by YouNotUs Intro: 12 Counts. Start at approx 7 secs.

## Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-3 Note 4&5 6&7 8-1	FWD, STEP ½ FLICK, STEP LOCK STEP, HOLD, LOCK STEP, ROCK FWD, SWEEP Step R fwd, step L fwd, turn ½ R stepping down on R flicking L backwards (6:00) On wall 3 the flick is particularly important so look over L shoulder to look at your flicking foot Step L fwd, lock R behind L, step L fwd HOLD, lock R behind L, step L fwd Rock R fwd, recover back on L sweeping R to R side
<b>SEC 2</b> 2-3 4&5 6-8	BACK SWEEPS, BEHIND SIDE CROSS, VINE Step back on R sweeping L to L side, step back on L sweeping R to R side Cross R behind L, step L to L side, cross R over L Step L to L side, cross R behind L, step L to L side
SEC 3 1-3 4&5 6&7 8	POINT, ROLL ¾ BACK, COASTER STEP, HOLD, ¼ SIDE, BEHIND KNEE POP, ¼ FWD Point R to R side, turn ¼ R stepping down on R, turn ½ R stepping back on L (3:00) Step back on R, step L next to R, step R fwd HOLD, turn ¼ R stepping L to L side, cross R behind L popping L knee fwd (6:00) Turn ¼ L stepping L fwd (3:00)
<b>SEC 4</b> 1-2 3-4 5-6 <b>Option</b> &7-8	STEP ½ X2, ¼ BIG SIDE STEP, SLIDE, BALL CROSS, SIDE  Step R fwd, turn ½ L onto L (9:00)  Step R fwd, turn ½ L onto L (3:00)  Turn ¼ L stepping R a big step to R side, slide L towards R (12:00)  On walls 1&3 to the note in the music do the ¼ L slide on the 'a' count rather than on count 5  Step L next to R, cross R over L, step L to L side
SEC 5 1-3 4&5 Option 6-7 8&1	1/2 BACK ROCK, FWD, KICK BALL POINT, 1/2 TOGETHER, SIDE, TRIPLE SIDE  Turn 1/2 R rocking back on R, recover on L, walk R fwd (1:30)  Kick L fwd, step L next to R, point R to R side  Bend in L knee on count 5  Turn 1/2 R on L stepping R next to L, step L to L side (7:30)  Step R next to L, change weight to L, step R to R side
<b>SEC 6</b> 2&3 4&5 6-7 8&1&	HOLD, BALL SIDE STEP, HOLD, BALL SIDE STEP, BACK ROCK, WEAVE ¼ HITCH HOLD, step L next to R, step R to R side HOLD, step L next to R, step R to R side Rock back on L, recover on R Step L fwd, turn ½ L stepping R to R side, turn ½ L crossing L behind R, hitch R knee (4:30)

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<b>SEC 7</b> 2-3 4&5 6-7 8&1	BEHIND, SIDE 1/8, SAMBA, CROSS, 1/4 BACK, BACK LOCK STEP Cross R behind L, turn 1/8 L stepping L to L side (3:00) Cross R over L, rock L to L side, recover on R Cross L over R, turn 1/4 L stepping back on R (12:00) Step back on L, lock R over L, step back on L
SEC 8	BACK ROCK, STEP LOCK STEP, ROCK FWD, ½ FWD
2-3	Rock back on R, recover on L
4&5	Step R fwd, lock L behind R, step R fwd
6-8	Rock L fwd, recover back on R, turn ½ L on R stepping L fwd (6:00)

