

Dust Yourself Off



SEC 1

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Low intermediate Level Dance.

Choreographed by: Stephen McKenna (UK), Lesley McKenna (UK)
& Nathan Gardiner (UK) Apr 2023

Choreographed to: Rise (Sam Feldt Remix) by Callum Scott

Intro: 32 Counts. Start at approx 17 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SIDE ROCK REC 1/2 STEP STEP LOCK STEP ROCK FORWARD REC. TOLICH BACK

1-2-3 4&5 6-7-8	Rock L to L side, recover R making 1/8 R, step forward L (1:30) Step forward R, lock L behind R, step forward R Rock forward L, recover back R, touch L toe back
SEC 2 1-2 Styling 3&4 5&6 7-8	KNEE POP X2, BACK SHUFFLE, ½ SHUFFLE, HEEL, FLICK Bump L hip popping R knee x2-weight ends on L Using two fingers on both hands making pretend guns and raise twice as you pop knees Step back R, step L next to R, step back R Make ½ L stepping L, step R next to L, step forward L (7:30) Touch R heel forward, make ½ L flicking R heel out (6:00)
SEC 3 1-2 3&4 5-6 Styling 7-8 Styling	CROSS, SWEEP, CROSS SHUFFLE, DOUBLE BUMP, DOUBLE BUMP Cross R over L, sweep L from back to front Cross L over R, step R to R side, cross L over R Step R to R side bumping hips R x2 Look L and brush L shoulder with R hand twice Step L to L side bumping hips L x2 Look R and brush R shoulder with L hand twice)
SEC 4 1&2 3&4 5-6 7-8	SAILOR STEP, SAILOR STEP, TOUCH BEHIND, UNWIND ¾, SIDE, BEHIND Step R behind L, step L to L side, step R to R side Step L behind R, step R to R side, step L to L side Touch R toe behind L, unwind ¾ R stepping R (3:00) Step L to L side, step R behind L

