

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com.

# **Running Around**

32 Count 4 Wall Advanced Level Dance. Choreographed by: Mikael Molsa (FIN) Dec 2022 Choreographed to: Running Around by Darren Criss Intro: 16 Counts. Start at approx 13 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

# SEC 1 STEP FORWARD, SAILOR STEP, BEHIND, PRESS, ARM MOVEMENTS, HITCH, STEP FORWARD

- 1 Step right forward
- 2&3 Step left behind right, step right next to left, step left to left diagonal
- &4 Step right behind left, press on left foot
- 5& Right hand touches left shoulder, right hand touches right shoulder
- 6& Extend right hand to right side, bring right hand in front of you (palm down, palm at chest height)
- 7-8 Hitch left foot to touch right hand, step left forward

### SEC 2 KICKS FORWARD, NIKE J WITH A HITCH, REVERSE RUNNING MAN, ELECTRIC KICK, STEP FORWARD

- 1&2& Kick right forward, step right next to left, kick left forward, step left next to right
- 3&4 Kick right across left, step weight to right foot, step back on right and hitch left foot
- &5&6 Step left next to right, hitch right foot up, pull right foot back a bit, step right foot down
- &7&8 Step left back, kick right forward, step right in place, step left forward
- Restart Here on Walls 5 and 7

### SEC 3 STEP OUT, OUT, BASKETBALL STEP, RISE UP, GRAPEVINE, SIDE STEP

- 1&2 Step right behind left, step left out, step right out (legs are now a bit more than a shoulder-wide apart
- 3 Sit down a little and push your left hand down in front of you and your right hand behind you,
- & Push your right hand down in front of you and your left hand behind you
- 4 Straighten up by lifting your right hand in front of you (elbow forward
- Note On counts 3&, it's like you are dribbling a basketball between your legs before you rise up
- 5-6 Step right to right side, step left behind right
- 7-8 Step right to right side, step left to left side (you are now should-wide apart

### SEC 4 HAND MOVEMENTS, LEG MOVEMENT <sup>1</sup>/<sub>8</sub> TURN, <sup>1</sup>/<sub>8</sub> TURN BODY ROLL

- 1 Right hand touches left shoulder
- 2& Right hand touches right shoulder, dip down a little and touch your right thigh with your right hand,
- 3 Right hand touches right shoulder (straighten up
- 84 Right hand touches left shoulder, dip down a little and touch your left thigh with your left hand
- 5-6 With your right hand, bring your left leg next to your right leg while you turn 1/2 to right, hold (1:30)
- 7-8 Turn <sup>1</sup>/<sub>8</sub> to right and do a body roll from down to up over 2 counts (you are now facing (3:00)
- Tag At the end of Wall 8

# STEP OUT, OUT

1-2 Step right to right side, step left to left side



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA. Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com kingshilldanceholidays.com crystalbootawards.com