32 Count 4 Wall Intermediate Level Dance.
Choreographed by: Jo Thompson Szymanski (USA) Oct 2022
Choreographed to: You Gotta Move by Sam Cooke
Intro: 8 Counts. Start at approx 6 secs.

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SEC 1 WALK, WALK, TRIPLE STEP/SWEEP, BEHIND, SIDE, SYNCOPATED ROCKING CHAIR
1-2 Step R forward, Step L forward
3\&4 Step R behind L, Step L in place, Step R back sweeping L back
5\& Step $L$ behind $R$, Step $R$ to right
6\&7\& Turn $1 / 8$ right rocking L fwd, Recover to R, Rock L back, Recover to R (1:30)
8 Step L forward
SEC 2 FORWARD, TOE TAP BACK, BACK/SWEEP, SAILOR/PREP, FULL CIRCLE
\&1 Step R forward, Tap L toe behind R
2 Step L back sweeping $R$ back turning $1 / 8$ right squaring up to (3:00)
$3 \& 4 \quad$ Step $R$ behind $L$, Step $L$ to left, Step $R$ to right with $R$ toe turned out torquing upper body slightly right to prep
5-6 Turn $1 / 4 /$ left stepping $L$ forward, Turn $1 / 4$ left stepping $R$ forward ( $9: 00$ )
7\&8 Turn $1 / 2$ stepping forward $L, R, L(3: 00)$
Note Counts 5-8 make a smooth circle counterclockwise doing walk, walk, run, run, run
Option
5-6 Step L to left, Cross R over L
7\&8 Step L back, Step R to right, Cross L over R

SEC 3 SIDE, BEHIND/KNEE POP, $1 ⁄ 4$, STEP, $1 ⁄ 2$ PIVOT, $1 / 4$ SIDE, BEHIND/KNEE POP $1 ⁄ 4$, STEP, $1 ⁄ 2$ PIVOT
1-2 Step $R$ to right, Step $L$ behind $R$ popping $R$ knee, ball of $R$ on floor
$3 \& 4 \quad$ Turn $1 / 4$ right stepping $R$ fwd, Step $L$ fwd, Turn $1 / 2$ right shifting weight to $R(12: 00)$
Option Triple step in place R,L,R
5-6 Turn $1 / 4$ right stepping $L$ to left, Step $R$ behind $L$ popping $L$ knee, ball of $L$ on floor (3:00)
$7 \& 8 \quad$ Turn $1 / 4$ left stepping $L$ fwd, Step R fwd, Turn $1 / 2$ left shifting weight to $L(6: 00)$
Note Counts create a figure 8 type pattern similar to the classic dance Cruisin'

SEC 5 SIDE ROCK/SWAY, BEHIND SIDE CROSS, SCISSOR L, SIDE, TOUCH BEHIND, UNWIND ¼
1-2 Rock $R$ to right swaying hips $R$, Recover to $L$ returning hips center
3\&4 Step R behind L, Step L to left, Step R across L
$5 \& 6 \quad$ Step $L$ to left, Step $R$ beside $L$, Step $L$ across $R$
\&7-8 Step $R$ to right, Touch ball of $L$ behind $R$, Unwind $3 / 4$ left shifting weight to $L$ (9:00)
Option Depending on the music, on some walls, I like to do a smoother $3 / 4$ like this:
7-8 Turn $1 / 4$ left stepping R back, Turn $1 / 2$ left stepping L forward ( $9: 00$ )
Option 2 Instead of doing a $3 / 4$ turn $L$ at the end of the dance, do $1 / 4$ turn R like this:
5\&6 Step L to left, Turn $1 / 4$ right stepping $R$ beside $L$, Step L forward ( $9: 00$ )
7\&8 Kick R forward, Step ball of R in place, Step L slightly forward

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