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32 Count 4 Wall Intermediate Level Dance. Choreographed by: Jo Thompson Szymanski (USA) Oct 2022 Choreographed to: You Gotta Move by Sam Cooke Intro: 8 Counts. Start at approx 6 secs.

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SEC 1 WALK, WALK, TRIPLE STEP/SWEEP, BEHIND, SIDE, SYNCOPATED ROCKING CHAIR 1-2 Step R forward, Step L forward 3&4 Step R behind L, Step L in place, Step R back sweeping L back 5& Step L behind R, Step R to right Turn ¹/₈ right rocking L fwd, Recover to R, Rock L back, Recover to R (1:30) 6&7& 8 Step L forward FORWARD, TOE TAP BACK, BACK/SWEEP, SAILOR/PREP, FULL CIRCLE SEC 2 &1 Step R forward, Tap L toe behind R 2 Step L back sweeping R back turning ¹/₈ right squaring up to (3:00) 3&4 Step R behind L, Step L to left, Step R to right with R toe turned out torguing upper body slightly right to prep 5-6 Turn 1/4 left stepping L forward, Turn 1/4 left stepping R forward (9:00) 7&8 Turn ¹/₂ stepping forward L, R, L (3:00) Note Counts 5-8 make a smooth circle counterclockwise doing walk, walk, run, run, run Option 5-6 Step L to left, Cross R over L 7&8 Step L back, Step R to right, Cross L over R SIDE, BEHIND/KNEE POP, 1/4, STEP, 1/2 PIVOT, 1/4 SIDE, BEHIND/KNEE POP 1/4, STEP, 1/2 PIVOT SEC 3 1-2 Step R to right, Step L behind R popping R knee, ball of R on floor 3&4 Turn ¹/₄ right stepping R fwd, Step L fwd, Turn ¹/₂ right shifting weight to R (12:00) Option Triple step in place R,L,R 5-6 Turn ¹/₄ right stepping L to left, Step R behind L popping L knee, ball of L on floor (3:00) 7&8 Turn ¹/₄ left stepping L fwd, Step R fwd, Turn ¹/₂ left shifting weight to L (6:00) Note Counts create a figure 8 type pattern similar to the classic dance Cruisin' SIDE ROCK/SWAY, BEHIND SIDE CROSS, SCISSOR L, SIDE, TOUCH BEHIND, UNWIND 3/4 SEC 5 1-2 Rock R to right swaying hips R, Recover to L returning hips center 3&4 Step R behind L, Step L to left, Step R across L 5&6 Step L to left, Step R beside L, Step L across R &7-8 Step R to right, Touch ball of L behind R, Unwind ³/₄ left shifting weight to L (9:00) Option Depending on the music, on some walls, I like to do a smoother ³/₄ like this: 7-8 Turn ¹/₄ left stepping R back, Turn ¹/₂ left stepping L forward (9:00) 2 Instead of doing a ³/₄ turn L at the end of the dance, do ¹/₄ turn R like this: Option 5&6 Step L to left, Turn ¼ right stepping R beside L, Step L forward (9:00) 7&8 Kick R forward, Step ball of R in place, Step L slightly forward



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