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Pull Up A Chair

32 Count 4 Wall Intermediate Level Dance. Choreographed by: Shelly Guichard (UK), Dee Musk (UK) & Kate Sala (UK) Feb 2023 Choreographed to: Lonely Ain't So Lonely by Brett James Intro: 8 Counts. Start at approx 6 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 STEP, MAMBO, RUN BACK, BACK, ROCK BACK WITH SHOULDER PULL BACK, RECOVER, 1/4 TURN, BEHIND, 1/2 TRIPLE TURN

- 1-2&3 Step forward on R, rock forward on L, recover weight to R, step back on L
- 4& Run back R, run back L
- 5-6 Rock back on R (pulling R shoulder back), recover weight to L
- &7 Make a ¹/₄ turn L stepping R to R side, cross step L behind R (9:00)
- 8&1 Make a ¹/₂ triple turn R stepping R, L, R (keep the turn on the spot) (3:00)

SEC 2 FULL TRIPLE TURN SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, STEP, LOCK STEP

- 2&3 Make a full triple turn L stepping L, R, L sweeping R to in front of L (3:00)
- 4&5 Cross R over L, step L to L side, cross step R behind L sweeping L to behind R
- 6& Step L behind R, step R to R side, step forward on L
- 8& Step forward on R, cross step L behind R
- Restart Here on Wall 2
- 1 Step forward on R
- SEC 3 MAMBO ¼ TURN, BEHIND, SIDE, CROSS, SWAY, SWAY, ¼ TURN, SAILOR STEP HITCH
- 2&3 Rock forward on L, recover weight to R, make 1/4 turn L stepping L to L side (12:00)
- 4&5 Cross step R behind L, step L to L side, cross R over L
- 6-7 Sway L, sway R
- 8&1 Make ¹/₈ turn L cross stepping L behind R, step R to R side, step forward on L hitching R knee (10:30)

SEC 4 BACK, HOOK TOUCH, STEP, SWEEP MAMBO 1/2 TURN,

FULL TURN, 1/8 TURN, SIDE, SWEEP BEHIND 1/4 TURN, SIDE

- 2-3 Step back on R and hook L with L toe in front of R, step forward on L
- 4&5 Sweep R round to in front of L and rock forward on R, recover weight to L, make ½ turn R stepping forward on R (4:30)
- 6&7 Make ½ turn R stepping back on L, make ½ turn R stepping forward on R, make ½ turn R stepping L to L side (6:00)
- 8& Make a ¼ turn R sweep R and step R behind L, step L to L side (9:00)

