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Changes

Phrased, Intermediate Choreographer: Val O'Connor (UK) Sept 2008 Choreographed to: Changes by Will Young (Edited

Version 3m 17s), CD Single (85 bpm)

INTRO: 8 COUNTS. START DANCE JUST BEFORE THE VOCALS START PART A 48 COUNTS, PART B 32 COUNTS SEQUENCE: A, B, A, B THEN JUST DANCE B UNTIL THE END OF MUSIC

PART A

<u> </u>	CROSS SHUFFLE. 1/2 LEFT.	

- Cross right over left, point left to left side, 1-2
- 3&4 Cross left over right, (&) step right to right side, cross left over right.
- 5-6-7-8 Turn ¼ left stepping back on right, ¼ left stepping left to left side, sway right, left.

CROSS ROCK SIDE X 4 RLRL

- 1&2 Cross rock right over left, (&) recover weight on left, step right to right side,
- 3&4 Cross rock left over right, (&) recover weight on right, step left to left side.
- 5&6-7&8 Repeat 1 more time.

STEP R FORWARD, LEFT ROCK, 1/4 L CHASSE, CROSS R, L SIDE ROCK

- 1-2-3 Step forward onto right, rock forward onto left, recover weight on right.
- 4&5 Turn ¼ left stepping left to left side, (&) step right next to left, step left to left side.
- 6-7-8 Cross right over left, rock left to left side, recover weight stepping right to right side.

CROSS ROCK SIDE X 4 LRLR

- 1&2-3&4 Cross rock left over right, (&) recover weight onto right, step left to left side,
- Cross rock right over left, (&) recover weight on left, step right to right side.
- 5&6-7&8 Repeat 1 more time.

CROSS L, R SIDE ROCK, 1/2 SAILOR R, TOUCH & STEP, STEP L

- 1-2-3 Cross left over right, rock right to right side, recover weight onto left.
- 4&5 Cross right behind left, (&) turn ½ right stepping left to left side, step right slightly forward.
- 6&7-8 Touch left next to right, (&) step down on left, step forward on right, step forward on left.

POINT RIGHT OUT IN OUT. L ROCK BACK SIDE, CROSS R, UNWIND, L CHASSE

- 1&2 Point right to right side, (&) touch right next to left, step right to right side.
- 3&4 Rock back on left, (&) recover weight onto right, step left to left side.
- 5-6 Cross right over left (keeping weight on right), unwind full turn left.
- 7&8 Step left to left side, (&) step right next to left, step left to left side.

PART B

R SIDE ROCK, CROSS SHUFFLE, 1/2 RIGHT, L CROSS SHUFFLE

- 1-2 Rock right to right side, recover weight onto left.
- Cross right over left (&) step left to left side, cross right over left. 3&4
- 5-6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right side.
- 7&8 Cross left over right (&) step right to right side, cross left over right.

POINT R, 1/4 R, L SIDE MAMBO, FULL TURN, STEP TURN TOUCH

- 1-2 Point right to right side, turn 1/4 right stepping right next to left.
- Rock left to left side, (&) recover weight onto right, step left next to right. 3&4
- Turn ½ left stepping back on right, turn ½ left stepping forward on right. (or walk right left) 5-6
- 7&8 Step forward onto right, (&) turn ½ left stepping forward onto left, touch right next to left.

R SIDE ROCK, ROCK BACK POINT, CROSS R, UNWIND, L COASTER STEP

- 1-2-3&4 Rock right to right side, recover weight onto left, rock back on right,
 - (&) recover weight onto left, point right to right side.
- 5-6 Cross right over left (keeping weight on right), unwind ½ left. 7&8 Step back on left, (&) step back right next to left, step forward onto left.

(&) STEP R. STEP L, R TOUCH BACK KICK L, BEHIND TURN 1/4 R, STEP L, TOUCH&TOUCH, POINT&POINT, STEP DOWN

- &1&2 (&) step right next to left, step forward onto left, (&) touch right next to left, step back on right at the same time kicking left forward.
- 3&4 Cross left behind right, (&) turn ¼ right stepping slightly forward onto right, step left to left side.
- 5&6& Touch right next to left, (&) step down on right, touch left next to right (&) step down on left,
- Point right to right side, (&) step down on right, point left to left side (&) step down on left 7&8&