

Take Myself Dancing



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 48 Count 2 Wall Low Intermediate Level Dance.

Choreographed by: Alison Metelnick (UK) & Jo Kinser (UK) Jan 2023

Choreographed to: Flowers by Miley Cyrus

Intro: Start on vocal "Good" at approx 8 secs

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2& 3-4& 5-6 7-8	SIDE, HOLD, TOGETHER, SIDE, HOLD, TOGETHER, SIDE, CROSS ROCK/RECOVER, ¼ FWD Step R side, hold, step L together Step R side, hold, step L together Step R side, cross rock L over R Recover weight on R, turning ¼ left step L forward (9:00)
Restart	After 7 counts of Wall 6, step L to left side
SEC 2 1-2 &3-4 Arms &5-6 Arms &7-8	1/2 BACK, HOLD, BACK, TOUCH, HOLD, BACK, TOUCH, HOLD, BACK, WALK, WALK Turning 1/2 left step R back, hold (3:00) Step L back, touch R together, hold Push right arm forward at chest level Step R back, touch L together, hold Palm downwards push left arm forward at chest level, palm downwards Step L slightly back, step R forward, step L forward
SEC 3 1-2 &3-4 &5-6 7-8	PRISSY WALKS, SIDE ROCK CROSS, SIDE ROCK CROSS, FWD, ¼ PIVOT TURN Prissy R forward, prissy L forward Rock R side, recover weight on L, cross R over L Rock L side, recover weight on R, cross L over R Step R forward, pivot ¼ left (12:00)
Restart	Here on Wall 3
SEC 4 1-2	SYNCOPATED JAZZ BOX, FWD, FWD, FWD, ½ PIVOT TURN, FWD
&3-4 5-6 7-8	Cross step R over L, step L back Step R side, step L forward, step R forward Step L forward, step R forward Pivot ½ left, step R forward (6:00)
5-6	Step R side, step L forward, step R forward Step L forward, step R forward
5-6 7-8 SEC 5 &1-2 &3-4 5-6	Step R side, step L forward, step R forward Step L forward, step R forward Pivot ½ left, step R forward (6:00) SYNCOPATED V STEP, HIP BUMPS, FWD, ¼ PIVOT Step L forward and out, step R apart, hold (weight on L Step R back, step L side, hold (with feet slightly apart Bump hips right, bump hips left (weight on L

At end of dance instead of completing a 3/4 left turn do a 11/4 turn



Ending