

Change Your Mind

64 count, 4 wall, intermediate level

Choreographer: Mary Gamer (UK) Jan 2006

Choreographed to: Change Your Mind by Westlife,
Face to Face Album; Rhythm of the Rain By The
Cascades; Looking For A Party Crowd by David Ball

Intro: 32 Counts on Vocals.

Sec 1 Right shuffle forward. Left shuffle forward. Rock Step. Coaster Step

- 1&2 Step forward on right. Step left next to right. Step forward on right.
3&4 Step forward on left. Step right next to left. Step forward on left.
5-6 Rock forward on right. Recover on left.
7&8 Step back on right. Step left next to right. Step forward on right.

Sec 2 Step ¼ Turn, Cross Shuffle, 2X ¼ Turns, Mambo Step.

- 1-2 Step forward on left. Pivot ¼ turn right.
3&4 Cross left over right. Step right next to left. Cross left over right.
5-6 Step back on right turning ¼ left. Step forward on left turning ¼ left.
7&8 Rock forward on right. Recover on left. Step right next to left.

Sec 3 Cross Points X2, Cross, Side, Sailor ¼ Turn

- 1-2 Cross left over right. Point right to right side.
3-4 Cross right over left. Point left to left side.
5-6 Cross left over right. Step right to right side.
7&8 Sweep left round turning ¼ left. Step right next to left. Step left next to right.

Sec 4 Toe Struts Right and Left, Rocking Chair.

- 1-2 Touch right toes forward. Step down on right.
3-4 Touch left toes forward. Step down on left.
5-6 Rock forward on right. Recover on left.
7-8 Rock back on right. Recover on left.

Sec 5 Grapevine Right, Grapevine Left (Optional Rolling Vines)

- 1-2 Step right to right side. Step left behind right.
3-4 Step right to right side. Touch left next to right.
5-6 Step left to left side. Step right behind left.
7-8 Step left to left side. Touch right next to left

Sec 6 Monterey ¼ Turns Right X2

- 1-2 Touch right to right side. Step right next to left turning ¼ right.
3-4 Touch left to left side. Step left next to right.
5-6 Touch right to right side. Step right next to left turning ¼ right.
7-8 Touch left to left side. Step left next to right.

Sec 7 Walks Forward, Rock and Cross, Side, Behind, Chasse Left.

- 1-2 Walk forward on right. Walk forward on left
3&4 Rock right to right side. Recover on left. Cross right over left
5-6 Step left to left side. Step right behind left.
7&8 Step left to left side. Step right next to left. Step left to left side

Sec 8 Cross Rock, Shuffle ¼ Turn, Step ½ Turn, Step, Touch.

- 1-2 Rock right over left. Recover on left.
3&4 Step right to right side. Step left next to right. Step right to right side turning ¼ right.
5-6 Step forward on left. Pivot ½ turn to right.
7-8 Step forward on left. Touch right next to left.

Restart : On the 4th wall dance the first 8 counts and then restart the dance from the beginning.

Note: When doing the restart on the Westlife track dance the first 8 counts before restarting the dance.

Please note that the 8th count is a coaster touch to enable you to start again on the right foot.

On the other walls it is a coaster step for the full dance.

There are no restarts if the dance is done to the alternative pieces of music.