

Short And Sweet



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Low Intermediate Level Dance.

Choreographed by: Kate Sala (UK) & Dee Musk (UK) Jan 2023

Choreographed to: No Bad Days by Flo Rida feat Jimmie Allen

Intro: 16 Counts. Start at approx 12 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC '	1 DIAGONAL STEP WITH HIP SWAYS, DIAGONAL SHUFFLE, FULL TURN, SIDE ROCK & CROSS
1-2	Step forward on R to right diagonal swaying hips right, Sway hips L (With dips)
3&4	Travelling to right diagonal step forward on R, Step L next to right, Step forward on R
5-6	Turn ¼ left stepping forward on L, Turn ½ left stepping back on R (3:00)
7&8	Turn ¼ left with side rock left, Recover on to R, Cross step L over R (12:00)
SEC 2	DIAGONAL STEP BACK, SWIVEL IN TOE, HEEL, HITCH X 2, SIDE STEP SLIDE X 2, TRIPLE STEP ¾ TURN
1&2&	Step R back on right diagonal, Swivel L toe in towards R, Swivel L heel in, Hitch L knee
3&4&	
5	Step R out to right side sliding L in towards R (Weight on R)
6	Step L out to left side sliding R in towards L (Weight on L)
7&8	Turn ¾ right stepping on R, L, R (9:00)
SEC :	3 STEP LOCK STEP, STEP LOCK STEP, STEP, ROCK, RECOVER, STEP BACK X 2, OUT OUT
1-2&	Step forward on L, Lock step R behind L, Step forward on L
3&4&	Step forward on R, Lock step L behind R, Step forward on R, Step forward on L
5-6	Rock forward on R, Recover back on to L
&7	Run back on R, L
88	Step R out to right side, Step L out to left side
SEC 4	4 SWIVEL HEELS TOES HEELS HITCH, SWIVEL HEELS TOES HEELS HITCH 1/4 TURN
	STEP, ROCK FORWARD, RECOVER, TURN ½, TURN ½ BACK
1&2	Swivel both heels left, Swivel both toes left, Swivel both heels left whilst hitching R knee
3&4	Swivel both heels right, Swivel both toes right, Swivel both heels right making a 1/4 turn left hitching L knee
5-6&	Step forward on L, Rock forward on R, Recover on to L
7-8	Turn ½ right stepping forward on R, Turn ½ right stepping slightly back on L (6:00)
Endir	After 14 counts of Wall 6, then turn ½ right triple step and continue to dance 1-2&3 of section 3, step forward on Right,

