

## **Life Is For Living**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Intermediate Level Dance.

Choreographed by: Mikael Molsa (FIN) Sep 2020

Choreographed to: Life Is For Living by Ivy-Rose Lyon & Maja Norming

Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 Styling 7&8	ROCK STEP, SHUFFLE BACK, SLIDE BACK DIAGONAL, ¼ TURN SAILOR STEP  Turn ¼ to left and rock left forward, recover weight back to right  Step left back, step right next to left, step left back  Step right back to right diagonal, slide left next to right  You can open your hands to the side a little on counts 5-6 for a styling effect and to highlight the music  Step left behind right, step right next to left urn ½ left, step left to left diagonal turn ½ left (9:00)
SEC 2 1&2 3&4& 5& 6& 7& 8& Note	1/4 TURN KICK BALL CROSS, TOE TOUCHES, 1/2 TURNTOE TOUCHES  Kick right foot forward, step right next to left, turn 1/4 left step left across right (6:00)  Touch right toe to right side, step right next to left, touch left toe to left side, step left next to right  Touch right toe forward, step right next to left (4:30)  Touch left toe forward, step right next to left (1:30)  Touch left toe forward, step left next to right (12:00)  On counts 5-8&, turn 1/2 to left
Restart	Here on wall 6, restart the dance turning 1/4 left
SEC 3 1&2& 3&4 5-6 7&8	KICK'N'TOUCHES, FULL UNWIND, SAILOR STEP Kick right forward, step right back, touch left toe across right, step left forward Kick right forward, step right forward, touch left toe behind right Unwind a full turn to left for two counts Step left behind right, step right next to left, step left to left diagonal
SEC 4 1-2 3&4 5-6 &7 &8 Note	STEP, HOLD, SAILOR STEP, STEP ACROSS, HOLD, STEPS ACROSS Step right to right diagonal, hold Step left behind right, step right next to left, step left to left diagonal Step right across left, hold Step left to the side, step right across left Step left to the side, step right across left Turn 1/4 to left and rock left forward to restart the dance (9:00)

