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# Shakedown

64 Count 4 Wall Intermediate Level Dance. Choreographed by: Mikael Molsa (FIN) Feb 2006 Choreographed to: Shakedown by Bob Seger Intro: 48 Counts. Start at approx 17 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

# SEC 1 KICKS, ¼ HITCH, SLIDE, TOGETHER

- 1-2 Kick right foot forward, kick right foot to the side
- 3-4 Kick right foot back, hitch right foot and turn 1/4 left (9:00)
- 5-6 Pushing with your left foot take a big step to the right with the right foot, hold
- 7-8 Bring left foot next to right foot stepping weight on the left, hold

### SEC 2 KICKS, ¼ HITCH, SLIDE, TOGETHER

- 1-2 Kick right foot forward, kick right foot to the side
- 3-4 Kick right foot back, hitch right foot and turn 1/4 left (6:00)
- 5-6 Pushing with your left foot take a big step to the right with the right foot, hold
- 7-8 Bring left foot next to right foot stepping weight on the left, hold

# SEC 3 HEEL SWITCHES, 1/2 PIVOT TURN, 1/2 TURN, SWEEP, ROCK STEP

- 1& Touch right heel forward, step right next to left
- 2& Touch left heel forward, step left next to right
- 3-4 Step right foot forward, turn ½ left (weight ends up on the left foot) (12:00)
- Restart Here on Wall 6, add the following then Restart
- 5 Turn  $\frac{1}{2}$  to the left by stepping right back
- 6-7-8 Step left behind right, step right next to left, step left to left side
- 5-6 Turn <sup>1</sup>/<sub>2</sub> left by stepping right back, sweep left behind right (6:00)
- 7-8 Rock back on left, recover weight back to right (weight ends up on the right foot)

# SEC 4 ROCK STEP, COASTER STEP, STEP OUT, HOLD, STEP OUT, HOLD

- 1-2 Rock forward on the left, recover weight back to right
- 3&4 Step back on left, step right next to left, step forward on left
- 5-6 Step right foot to the right side, hold
- 7-8 Step left foot to the left side, hold
- Restart Here on Wall 4

#### SEC 5 KICK BALL CROSS, TOE TWISTS, KICK BALL CROSS, TOE TWIST, KICK

- 1&2 Kick right foot right diagonal, step right next to left, step left across right
- 3 Tap right toe next to left and move your left heel to the right
- 4 Tap right heel next to left and move your left toe to the right
- 5&6 Kick right foot right diagonal, step right next to left, step left across right
- 7 Tap right toe next to left and move your left heel to the right
- 8 Kick right foot right diagonal and move your left toe to the right

Shakedown Continues... Page 1 of 2



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.

Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com

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Continued... Page 2 of 2

# SEC 6 KICK, BEHIND, SIDE, CROSS, KICK, ROCK STEP, HOLD

- 1-2 Kick right foot right diagonal, step right behind left
- 3-4 Step left to left side, step right over left
- 5 Kick left foot left diagonal
- 6-7-8 Rock back on your left, recover weight back to right, hold

## SEC 7 STEP, <sup>1</sup>/<sub>2</sub> TURN, STEP, HOLD, STEP, <sup>1</sup>/<sub>4</sub> TURN, STEP, HOLD

- 1-2 Step left foot forward, pivot turn ½ right (weight ends on right) (12:00)
- 3-4 Step left foot forward, hold
- 5-6 Step right foot forward, pivot turn <sup>1</sup>/<sub>4</sub> left (weight ends on left) (9:00)
- 7-8 Step right foot forward, hold

# SEC 8 STEP, <sup>1</sup>/<sub>2</sub> TURN, STEP, HOLD, STEP OUT, HOLD, STEP OUT, HOLD

- 1-2 Step left foot forward, pivot turn  $\frac{1}{2}$  right (weight ends on right) (3:00)
- 3-4 Step left foot forward, hold
- 5-6 Step right foot to the right side, hold
- 7-8 Step left foot to the left side, hold
- Tag 1At the end of Wall 1

# STEP, HOLD, 1/2 PIVOT TURN, HOLD, SHORTY GEORGES

- 1-2 Step right foot forward, hold
- 3-4 Turn  $\frac{1}{2}$  to the left (weight ends up on left), hold
- 5-6 Kick right foot diagonal, bring right next to left and turn both knees to left (bend your knees, weight ends up on left)
- 7 Step right foot forward and turn both knees to right (bend your knees, weight ends up on right)
- 8 Step left foot forward and turn both knees to left (bend your knees, weight ends up on left)

# STEP, HOLD, 1/2 PIVOT TURN, HOLD, SHORTY GEORGES

- 1-2 Step right foot forward, hold
- 3-4 Turn <sup>1</sup>/<sub>2</sub> to the left (weight ends up on left), hold
- 5-6 Kick right foot diagonal, bring right next to left and turn both knees to left (bend your knees, weight ends up on left)
- 7 Step right foot forward and turn both knees to right (bend your knees, weight ends up on right)
- 8 Step left foot forward and turn both knees to left (bend your knees, weight ends up on left)

