

Back At One



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Intermediate Level Dance.
Choreographed by: Mikael Molsa (FIN) Jul 2003
Choreographed to: Back At One by Mark Wills

Intro: Start Immediately

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2& 3-4& 5-6& 7-8& Option	SLIDE, ROCK STEP, FULL TURN, SLIDE, ROCK STEP, 1¼ TURN Slide to the right side, rock left behind right, recover on right Turn ¼ left stepping forward on left, step forward on right, unwind ¾ left (weight on left) (12:00) Slide to the right side, rock left behind right, recover on right Turn ¼ left stepping forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left (9:00) On counts 8& you can just take two steps forward right, left
SEC 2 1-2& 3-4& 5-6 7&8&	SLIDE, ROCK STEP, ¼ TURN, STEPS BACKWARDS, SWAYS, WEAVE Slide to the right side, step back on left, recover weight on right Turn ¼ right stepping left back, step back right, step back left (12:00) Sway hips right, left Transfer weight to right foot, step left behind right, step right to right side, step left over right now facing
SEC 3 1-2& 3-4& 5-6& 7-8& Note	SLIDE, QUICK ¾ TURN, SLIDE, ROCK STEP, SLIDE, ROCK STEP, SYNCOPATED ROCK STEP FORWARD Slide to the right side, step left over right, unwind ¾ to right (weight ends up on right) (9:00) Slide to the left side, rock back on right, recover weight on left Slide to the right side, rock back on left, recover weight on right Step left diagonally left forward, rock right over left, recover weight on left You can make the ¾ turn easier by turning ¼ to right on count 1, Then you'll only need to turn ½ on counts 2&
SEC 4 1-2& 3-4& 5-6 Option 7-8	DIAGONAL STEP, SYNCOPATED ROCK STEP ¼ TURN, UNWIND FULL TURN Step right diagonally right forward, Rock left over right, recover weight on right Turn ¼ to left while stepping left forward, step forward on right, pivot ½ turn to left (12:00) Turn ½ to left while stepping right back, sweep left behind right (6:00) On counts 4&5 you can do a mambo step if you don't like turning around too much Slowly unwind a full turn (weight ends up on left)
Tag 1	At the end of Wall 1 SWAY x4 Sway hips right, left, right, left
Tag 2 1-2& 3-4& 5-6& 7-8&	At the end of Wall 2 SLIDE, ROCK STEP, SLIDE, ROCK STEP, SLIDE, FULL TURN, SLIDE Slide to the right side, rock left behind right, recover on right Slide to the left side, rock right behind left, recover on left Turn ¼ to right stepping forward on right, step forward on left, unwind ¾ to right (weight on right) (12:00) Slide to the left side, rock right behind left, recover on left
Tag 3	At the end of Wall 4 ARM MOVEMENT Do a big arch with your left hand starting from right side, moving over your head and ending up to the left side
1-2	Do a big aren with your left fiding starting from right stage, moving over your flead and ending up to the left side



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