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# **The Morning After**

32 Count 4 Wall Improver Level Dance. Choreographed by: Rafel Corbi (ES) Oct 2022 Choreographed to: The Morning After by Nathan Carter Intro: 16 Counts. Start at approx 12 secs.

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## SEC 1 ROCKING CHAIR, TRIPLE STEP FORWARD, CHASE ½ TURN, FULL TURN FORWARD

- 1&2& Rock forward with R, recover onto L, rock back with R, recover forward onto L
- 3&4 Step forward with R, lock L behind R, step R forward
- 5&6 Step L forward, pivot ½ turn right, step L forward
- 7&8 Make ½ turn left Step back Right, make ½ turn Left step forward on left, step forward on Right (6:00)

## SEC 2 WEAVE, ROCK & RECOVER, MONTEREY 1/4 TURN X 2

- 1&2& Step L to left, step R behind L, step L to left, cross R over L
- 3&4 Rock L to left side, recover onto R, step L behind R
- 5&6& Touch R toe to right, <sup>1</sup>/<sub>4</sub> turn right and R beside L, touch L to left side, Left beside R (9:00)
- 7&8& Touch R toe to right, ¼ turn right and R beside L, touch L to left side, Left beside R (12:00)

### SEC 3 MAMBO STEPS FORWARD AND BACK, CHASE ¾ TURN LEFT, BEHIND SIDE CROSS

- 1&2 Rock R forward, recover onto L, step R back
- 3&4 Rock L back, recover onto R, step L forward
- 5&6 Step R forward, <sup>1</sup>/<sub>2</sub> turn L, <sup>1</sup>/<sub>4</sub> turn L and step R to side (3:00)
- 7&8 Step L behind R, step R to right, cross L over R

### SEC 4 SIDE TOUCHES, BEHIND SIDE CROSS, CROSS & HEEL, STOMP & SWIVEL

- 1&2 Touch R toe to right, touch R beside L, touch R toe to right side
- 3&4 Step R behind L, step L to right, cross R over L
- 5&6& Cross L over R, small step R to side, touch L heel forward, L beside R
- 7&8 Stomp R beside L, swivel heels to right and back to center
- **Ending** After 6 counts of Wall 8, do a 1<sup>1</sup>/<sub>4</sub> turn and finish with a long step to right side

