

## **Slow Hands**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 24 Count 1 Wall Absolute Beginner Level Dance.
Choreographed by: Laura Rittenhouse (AUS) May 2022
Choreographed to: Slow Hands by Naill Horan
Intro: 20 Counts. Start at approx 14 secs.

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SEC 1	SIDESTEPS
1-2	Step R to R, Touch L beside R
3-4	Step L to L, Step R beside L
5-6	Step L to L, Touch R beside L
7-8	Step R to R, Step L beside R
Arms	
1-2	Take 2 counts to draw R hand across to the R with arm extended fwd parallel to the ground
3-4	Take 2 counts to draw hand back towards the centre and lower to your R thigh
5-6	Take 2 counts to draw L hand across to the L with arm extended fwd parallel to the ground
7-8	Take 2 counts to draw hand back towards the centre and lower to your L thigh
SEC 2	DIAGONAL STEPS FWD
1-2	Step R fwd on R diagonal, Touch L beside R
3-4	Step L back to centre, Step R beside L
5-6	Step L fwd on L diagonal, Touch R beside L
7-8	Step R back to centre, Step L beside R
Arms	
1-2	For 2 counts raise and roll R arm out to the R diagonal with palm up
3-4	For 2 counts roll back across torso resting R hand on L shoulder giving yourself a $\frac{1}{2}$ hug
5-6	For 2 counts raise and roll L arm out to the L diagonal with palm up
7-8	For 2 counts roll back across torso resting L hand on R shoulder giving yourself a full hug
SEC 3	HEEL SPLITS, HEEL BOUNCES
1-2	Swivel both heels out, Return heels to centre
3-4	Swivel both heels out, Return heels to centre
5-8	Raise and bounce heels 4 times
Arms	
1-2	Raise hands from shoulder with forearms crossed and palms facing face, Uncross arms
3-4	Cross arms, Uncross arms with hands moving in front of face
5-8	Slap both palms to thighs 4 times with heel bounces

