

inedancer F.G.T (Feeling Good Today)

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com.

48 Count 4 Wall Intermediate Level Dance. Choreographed by: Kerry Maus (USA) Jul 2022 Choreographed to: F.G.T by LONIS & Little League Intro: 64 Counts. Start at approx 30 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1&2 3-4 5&6 7-8	CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS, ¼ PIVOT Cross L over R, step R back, step L to left Cross R over L, step L to left Cross R behind L, step L to left, cross R over L Step L to left, turn ¼ right, weight to R (3:00)
SEC 2 1-2 3-4 5-6 7-8	STEP, CROSS, SIDE, BEHIND, SIDE ROCK, BACK ROCK Step L forward, cross R over L Step L to left, cross R behind L Rock L to left side, recover to R Rock L back, recover to R
SEC 3 1&2 3-4 5&6 7&8	SCISSOR STEP, ¼, ½, ¼ TRIPLE, DRAG, BALL, CROSS Step L to left, close R next to L, cross L over R, prepping to turn left Turn ¼ left, stepping R back, turn ½ left, stepping L forward (6:00) Turn ⅓ left, stepping R to right, step L beside R, turn ⅙ left, stepping R to right (3:00) Drag L foot beside R, step L beside R, cross R over L
SEC 4 1-2 3-4 5&6 7&8	HIP ROLLS WITH TOUCHES, TRIPLE ¼ TURN, KICK BALL CHANGE Step L to left, pushing hips back in circular motion, weight shifting from R to L, touch R toe/hip bump Step R to right, pushing hips back in circular motion, weight shifting from L to R, touch L toe/hip bump Turn ¼ left, step forward L, step R next to L heel, step L forward (12:00) Kick R diagonally forward, step R to right, cross L over R
Restart	Here on wall 5, Dance the Tag then Restart
SEC 5 1-2 3&4 5-6 7&8	SIDE, BEHIND, CHASSE ¼, ½ PIVOT, ¼ CHASSE Step R to right, cross L behind R, Step R to right, step L beside R, turn ¼ right, stepping R forward (3:00) Step L forward, pivot ½ turn right, weight to right (9:00) Turn ¼ right, step to left, step R beside L, step L to left (12:00)
SEC 6 1-2 3&4 5-6 7-8	BEHIND, SIDE, CROSS TRIPLE, ¼ ROCKING CHAIR Cross R behind L, pop L knee, step L to left, pop R knee Cross R over L, step L beside R heel, cross R over L Rock L to left, recover R, making ¼ turn left (9:00) Rock L back, recover forward R
Tag SEC 7 1-2	After 32 counts of Wall 5, Dance the Tag then Restart ROCK, RECOVER, COASTER STEP Rock R forward, recover L



Step R back, step L beside R, step R forward

3&4